

**MAY 2025 MEALS ON WHEELS OF LONG BEACH MAY 2025**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Want to Cancel a Meal?</b> Call the Client Manager <b>Caron</b> Before 9:00 AM To Cancel for the Next Weekday <b>(562) 439-5000 x1</b></p>			<p><b>1 Breaded Fish</b> Brown Spanish Rice, Zucchini Medley —Banana— Turkey, Ham &amp; Cheese Sandwich w/ Lettuce, Tomato and Creamy Coleslaw w/ Chipotle</p>	<p><b>2 Salisbury Steak w/ Mushroom Gravy</b> Garlic Chive Mashed Potatoes, Broccoli —Plum— Turkey &amp; Ham Cobb Salad w/ Egg, Tomato, Bacon, Ranch Dressing &amp; Crackers</p>
<p><b>5 Beef Picado</b> Pinto Beans, Spanish Brown Rice, Fiesta Corn —Tres Leche Cake— Tuna Salad Sandwich with Spinach and Tomato, Tricolor Coleslaw</p>	<p><b>6 BBQ Chicken Breast</b> Mac n' Cheese, Brussel Sprouts —Mandarin Oranges— Garden Salad w/ Chicken Garbanzo Beans, Red Onion, Celery &amp; Tomatoes, Italian Dressing &amp; Crackers</p>	<p><b>7 Roast Beef w/ Gravy</b> Mashed Sweet Potatoes, Green Beans Almondine —Cookie— Roast Beef &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Italian Pasta Salad</p>	<p><b>8 Creamy Cilantro Fish</b> Brown Rice Pilaf, Broccoli, Corn —Cantaloupe— Ham &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Creamy Cucumber Salad</p>	<p><b>9 Chicken Breast Milano</b> WG Rotini Pasta w/ Sundried Tomatoes, Carrots, Zucchini Medley —Cake w/ Strawberry Glaze— Greek Chicken Salad w/ Tomato, Olives, Cucumber, Feta Cheese, Vinegarette Dressing &amp; Crackers</p>
<p><b>12 Spaghetti w/ Meatballs</b> WG Dinner Roll, Broccoli —Applesauce— Chicken Salad Sandwich with Spinach and Tomato, Three Bean Salad</p>	<p><b>13 Chicken Enchilada Casserole w/ Red Sauce</b> Black Beans, Carrots —Chef's Special Cake— Chef's Salad W/ Turkey, Ham, Egg, Tomato, Bacon, and Blue Cheese Dressing &amp; Crackers.</p>	<p><b>14 Fish Vera Cruz</b> White Rice Pilaf, Corn, Green Beans —Vanilla Chocolate Swirl Pudding— Turkey, &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Macaroni Salad</p>	<p><b>15 Pork Loin w/ Black Pepper Sauce</b> Garlic Chive Mashed Potatoes, Brussel Sprouts —Watermelon— Turkey, Ham &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Marinated Beet &amp; Onion Salad</p>	<p><b>16 Beef Stroganoff</b> Egg Noodles, Peas &amp; Onions, Zucchini Medley —Tangerine— Spinach Salad W/ Chicken, Mandarin Oranges, Dried Cranberries, Feta Cheese, Vinaigrette Dressing &amp; Crackers</p>
<p><b>19 Baked Turkey Ziti</b> WG Dinner Roll, Broccoli —Pear— Egg Salad Sandwich with Spinach and Tomato, Tricolor Coleslaw</p>	<p><b>20 Beef Teriyaki</b> Brown Rice, Asian Vegetables, Carrots —Peaches— Kale Chicken Salad w/ Chopped Kale Shredded Brussel Sprouts, Dried Cranberries, Balsamic Dressing &amp; Crackers</p>	<p><b>21 Roast Pork w/ Mustard Sauce</b> Mac n' Cheese, Collard Greens —Waldorf Salad— Roast Beef &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Potato Salad</p>	<p><b>22 Chicken Mole (Leg and Thigh)</b> Spanish Brown Rice, Pinto Beans —Vanilla Chocolate Pudding— Ham &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Corn Relish Salad</p>	<p><b>23 Polish Sausage w/ Bell Peppers</b> Baked Beans, Cauliflower —Watermelon— Taco Salad w/ Chicken, Diced Tomato, Corn, Black Beans, Cheese, Cilantro, Salsa Dressing &amp; Crackers</p>
 <p><b>26th</b> <b>CLOSED</b> <b>MEMORIAL DAY</b> HONORING ALL WHO SERVED</p>	<p><b>27 Stuffed Bell Peppers</b> Fiesta Corn, Carrots —Cantaloupe— Tuna Salad Sandwich with Spinach and Tomato, Marinated Beet Salad</p>	<p><b>28 Baked Chicken Breast w/ Lemon Pepper Sauce</b> Couscous Pilaf, Green Beans, Mixed Vegetables —Kiwi— Turkey, Ham &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Carrots &amp; Raisin Salad</p>	<p><b>29 Turkey Meatloaf</b> Mashed Potatoes, Broccoli &amp; Cauliflower —Applesauce— Roast Beef &amp; Cheese Sandwich w/ Lettuce, Tomato and Pickle, Broccoli Slaw</p>	<p><b>30 Beef Lasagna</b> Dinner Roll, Zucchini Medley —Cookie— Chicken Caesar Salad, Romaine Lettuce, Croutons, Caesar Dressing &amp; Crackers</p>