50m 8879-TE

IRS e-file Signature Authorization for a Tax Exempt Entity

			- 96
year 2022	, or fiscal year beginning	. 2022, and e	n

OMB No. 1545-064

For calendar 2022 Do not send to the IRS. Keep for your records. Department of the Treasury Internal Revenue Service Go to www.irs.gov/Form8879TE for the latest information. Name of tiler EIN or SSN Meals on Wheels of Long Beach, Inc. 95-2829715 Name and title of officer or person subject to tax Frank McIlguham Director Type of Return and Return Information Check the box for the return for which you are using this Form 8879-TE and enter the applicable amount, if any, from the return. Form 8038-CF and Form 5330 filers may enter dollars and cents. For all other forms, enter whole dollars only. If you check the box on line 1a, 2a, 3a, 4a, 5a, 6a, 7a. 8a, 9a, or 10a below, and the amount on that line for the return being filed with this form was blank, then leave line 1b, 2b, 3b, 4b, 5b, 6b. 7b, 8b, 9b, or 10b, whichever is applicable, blank (do not enter -0-). But, if you entered -0- on the return, then enter -0- on the applicable line below. Do not complete more than one line in Part I. la Form 990 check here 2a Form 990-EZ check here. b Total revenue, if any (Form 990-EZ, line 9) b Total tax (Form 1120-POL, line 22) 3a Form 1120-POL check here 4a Form 990-PF check here...

b Tax based on investment income (Form 990-PF, Part V, line 5). 5a Form 8868 check here... b Balance due (Form 8868, line 3c) 6a Form 990-T check here . . b Total tax (Form 990-T. Part III, line 4) 7a Form 4720 check here.... b Total tax (Form 4720, Part III, line 1). 8a Form 5227 check here... b FMV of assets at end of tax year (Form 5227, Item D) 9a Form 5330 check here. b Tax due (Form 5330, Part II, line 19) 10a Form 8038-CP check here. b Amount of credit payment requested (Form 8038-CP, Part III, line 22). Part II Declaration and Signature Authorization of Officer or Person Subject to Tax

Under penalties of perjury, I declare that X I am an officer of the above entity or I am a person subject to tax with respect to (name of entity) (name or entity)
and that I have examined a copy of the 2022 electronic return and accompanying schedules and statements, and, to the best of my knowledge and belief, they are true, correct, and complete. I further declare that the amount in Part I above is the amount snown on the copy of the electronic return. I consent to allow my intermediate service provider, transmitter, or electronic return originator (ERO) to send the return to the IRS and to receive from the IRS (a) an acknowledgement of receipt or reason for rejection of the transmission. (b) the reason for any delay in processing the return or refund, and (c) the date of any refund, if applicable. I authorize the U.S. Treasury and its designated Financial Agent to

initiate an electronic funds withdrawal (direct debit) entry to the financial institution account indicated in the tax preparation software for payment of the federal taxes owed on this return, and the financial institution to debit the entry to this account. To revoke a payment, I must contact the U.S. Treasury Financial Agent at 1-888-353-4537 no later than 2 business days prior to the payment (settlement) date. I also authorize the financial institutions involved in the processing of the electronic payment of taxes to receive confidential information necessary to answer inquiries and resolve issues related to the payment. I have selected a personal identification number (PIN) as my signature for the electronic return and, if applicable, the consent to electronic funds withdrawal. PIN: check one box only X | authorize Katherine Gluck, CPA

		do not enter all zeros
	on the tax year 2022 electronically filed return. If I have indicated within this return that a copy agency(les) regulating charities as part of the IRS Fed/State program. Lalso authorize the aforemention return's disclosure consent screen.	of the return is being filed with a sta ned ERO to enter my PIN on the
	As an officer or person subject to tax with espect to the entity. I will enter my PIN as my signature on return. If I have indicated within this return that a cipy of the return is being filed with a state agency (it is the IRS Fed/State program, I will enter py PIN an the return's disclosure consent screen.	the tax year 2022 electronically filed es) regulating charities at part of
nal	sture of officer or person subject to tax	//7/2

Certification and A entication

ERO firm name

ERO's EFIN/PIN. Enter your six-digit electronic filing identification number (EFIN) followed by your five-digit self-selected PIN. Do not enter all zeros I certify that the above numeric entry is my PIN, which is my signature on the 2022 electronically filed return indicated above. I confirm that

am submitting this return in accordance with the requirements of Pub. 4163, Modernized e-File (MeF) Information for Authorized IRS e-file Providers for Business Returns.

06.07.2023

ERO Must Retain This Form - See Instructions Do Not Submit This Form to the IRS Unless Requested To Do So

to enter my PIN

as my signature

Form **990**

Return of Organization Exempt From Income Tax

2022, and ending

OMB No. 1545-0047

, 20

Open to Public Inspection

Department of the Treasury Internal Revenue Service

For the 2022 calendar year, or tax year beginning

Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations) Do not enter social security numbers on this form as it may be made public. Go to www.irs.gov/Form990 for instructions and the latest information.

В	Check	if applicable:	C							D Emplo	yer identii	fication number	
	А	ddress change	Meals on	Wheels	of Long	Beach, I	nc.			95-	28297	715	
	N	ame change	PO Box 15		_					E Teleph	one numb	er	
	I	nitial return	Long Beac	h, CA 🤉	90815					562	.438.	6215	
	H	nal return/terminated							F	000	. 100.		
		mended return								G Gross	occinto è	1,189	220
	\mathbf{H}		F Name and addr	acc of princip	al officer:				H(a) Is this a				137
	ША	pplication pending	F Name and addr	7.1	Jul	ia Mendel	11					· • •	No No
_			Same As C		` '		40477 \71\	1 1507	H(b) Are all s If "No," a	attach a lis	. See inst	ructions.	Шио
<u> </u>		-exempt status:	X 501(c)(3)	501(c) () (Ir	sert no.)	4947(a)(1)	or 527					
<u>J</u>			w.mowlb.oi	îg		T			H(c) Group e				
K		n of organization:	X Corporation	Trust	Association	Other	L	Year of format	ion: 1972	M	State of le	gal domicile: CA	1
Pa	ırt I	Summar	у										
	1	Briefly descri	be the organiza	tion's miss	sion or most s	significant act	ivities:We	e are mo	<u>re than</u>	<u>a</u> me	<u>al -</u>	<u>we nouri</u>	<u>sh,</u>
ģ		we comfo	<u>rt, we pro</u>	otect.									
auc													
Governance													
Š	2	Check this bo			on discontinu							sets.	
প্ৰ			ting members of								3		19
Se	4 5		dependent votir of individuals e								5		19
Ě	6		of volunteers (6		13 325
Activities &	_		ed business rev								7a		0.
~			business taxal								7b		0.
						.,,				ior Year		Current Y	
	8	Contributions	and grants (Pa	rt VIII. line	e 1h)					416,3	358		,653.
īue	9		rice revenue (Pa							591,			,054.
Revenue	10		come (Part VIII							17,8			,287.
æ	11		e (Part VIII, col								918.		,743.
	12		e – add lines 8							032,		1,183	
	13		milar amounts							435,2			,478.
	14		to or for memb							100/1	23 11	110	, 1, 0.
	15		er compensation	•	•					362,8	378	418	,372.
es	162		fundraising fees						-				
Expenses	100		_			•				18,3	360.	20	<u>,250.</u>
꼾	b		sing expenses (45,760.					
_	17		es (Part IX, col							460,0			<u>,850.</u>
	18		es. Add lines 13	-	•					276,6	521.	1,296	,950.
	19	Revenue less	expenses. Sub	tract line	18 from line 1	2				-243,8	336.	-113	,213.
sets or									Beginning			End of Ye	
sets	20		(Part X, line 16)							512,3		1,272	
Net Ass Fund Ba	21	Total liabilitie	s (Part X, line 2	26)						95,	708.	86	,372.
ξŞ	22	Net assets or	fund balances.	Subtract	line 21 from I	ne 20			. 1,	416,6	532.	1,186	,082.
	rt II	Signatur	e Block										
Unde	er pena	Ities of perjury, I de	clare that I have exa rer (other than office	mined this re	turn, including acc	ompanying sched	ules and sta	tements, and to	the best of my	knowledge	and belie	ef, it is true, correc	t, and
com	plete. D	Declaration of prepa	rer (other than office	r) is based or	n all information of	which preparer h	as any know	ledge.					
Sig He	gn	Signature of	officer						Date				
He	re	Frank	McIlquham					Γ	irecto	<u>r</u>			
		Type or print	name and title										
-		Print/Type p	reparer's name		Preparer's sign	ature		Date	(Check .	X if F	PTIN	
Pa	id	Kather	ine Gluck		Katheri	ne Gluck				self-employ	ed		
	epar				uck, CPA						1		
Us	e Or	ily Firm's addre		ier Ave					-	Firm's EIN			
					h, CA 90	254			-	Phone no.	3104	.066256	
Mar	v the	IRS discuss th	is return with th				ıctions				0101	X Yes	No

) (Revenue \$

including grants of

4d Other program services (Describe on Schedule O.)

(Expenses

			Yes	No
1	Is the organization described in section 501(c)(3) or 4947(a)(1) (other than a private foundation)? If "Yes," complete Schedule A	1	Х	
2	Is the organization required to complete Schedule B, Schedule of Contributors? See instructions	2	Χ	
3	Did the organization engage in direct or indirect political campaign activities on behalf of or in opposition to candidates for public office? If "Yes," complete Schedule C, Part I.	3		Х
4	Section 501(c)(3) organizations. Did the organization engage in lobbying activities, or have a section 501(h) election in effect during the tax year? If "Yes," complete Schedule C, Part II.	4		Х
5	Is the organization a section 501(c)(4), 501(c)(5), or 501(c)(6) organization that receives membership dues, assessments, or similar amounts as defined in Revenue Procedure 98-19? If "Yes," complete Schedule C, Part III	5		Х
6	Did the organization maintain any donor advised funds or any similar funds or accounts for which donors have the right to provide advice on the distribution or investment of amounts in such funds or accounts? If "Yes," complete Schedule D, Part I	6		Х
7	Did the organization receive or hold a conservation easement, including easements to preserve open space, the environment, historic land areas, or historic structures? <i>If "Yes," complete Schedule D, Part II.</i>	7		Х
8	Did the organization maintain collections of works of art, historical treasures, or other similar assets? If "Yes," complete Schedule D, Part III.	8		Х
9	Did the organization report an amount in Part X, line 21, for escrow or custodial account liability, serve as a custodian for amounts not listed in Part X; or provide credit counseling, debt management, credit repair, or debt negotiation services? If "Yes," complete Schedule D, Part IV.	9		Х
10	Did the organization, directly or through a related organization, hold assets in donor-restricted endowments or in quasi endowments? If "Yes," complete Schedule D, Part V	10	Х	
11	If the organization's answer to any of the following questions is "Yes," then complete Schedule D, Parts VI, VII, VIII, IX, or X, as applicable.			
а	Did the organization report an amount for land, buildings, and equipment in Part X, line 10? <i>If "Yes," complete Schedule D, Part VI</i> .	11a	Х	
b	Did the organization report an amount for investments — other securities in Part X, line 12, that is 5% or more of its total assets reported in Part X, line 16? <i>If "Yes," complete Schedule D, Part VII</i>	11b		Х
С	Did the organization report an amount for investments – program related in Part X, line 13, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part VIII.	11c		Х
d	Did the organization report an amount for other assets in Part X, line 15, that is 5% or more of its total assets reported in Part X, line 16? If "Yes," complete Schedule D, Part IX	11d		Х
е	Did the organization report an amount for other liabilities in Part X, line 25? If "Yes," complete Schedule D, Part X	11e		Χ
f	Did the organization's separate or consolidated financial statements for the tax year include a footnote that addresses the organization's liability for uncertain tax positions under FIN 48 (ASC 740)? <i>If "Yes," complete Schedule D, Part X.</i>	11f	Х	
12a	Did the organization obtain separate, independent audited financial statements for the tax year? If "Yes," complete Schedule D, Parts XI and XII.	12a	Х	
b	Was the organization included in consolidated, independent audited financial statements for the tax year? If "Yes," and if the organization answered "No" to line 12a, then completing Schedule D, Parts XI and XII is optional	12b		Х
13	Is the organization a school described in section 170(b)(1)(A)(ii)? If "Yes," complete Schedule E	13		Х
14a	Did the organization maintain an office, employees, or agents outside of the United States?	14a		Х
b	Did the organization have aggregate revenues or expenses of more than \$10,000 from grantmaking, fundraising, business, investment, and program service activities outside the United States, or aggregate foreign investments valued at \$100,000 or more? If "Yes," complete Schedule F. Parts I and IV.	14b		Х
15	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of grants or other assistance to or for any foreign organization? If "Yes," complete Schedule F, Parts II and IV	15		Х
	Did the organization report on Part IX, column (A), line 3, more than \$5,000 of aggregate grants or other assistance to or for foreign individuals? <i>If "Yes," complete Schedule F, Parts III and IV.</i>	16		Х
17	Did the organization report a total of more than \$15,000 of expenses for professional fundraising services on Part IX, column (A), lines 6 and 11e? If "Yes," complete Schedule G, Part I. See instructions.	17	Х	
18	Did the organization report more than \$15,000 total of fundraising event gross income and contributions on Part VIII, lines 1c and 8a? If "Yes," complete Schedule G, Part II.	18	X	
19	Did the organization report more than \$15,000 of gross income from gaming activities on Part VIII, line 9a? If "Yes," complete Schedule G, Part III.	19		Х
20a	Did the organization operate one or more hospital facilities? If "Yes," complete Schedule H	20a		Х
b	If "Yes" to line 20a, did the organization attach a copy of its audited financial statements to this return?	20b		
21	Did the organization report more than \$5,000 of grants or other assistance to any domestic organization or domestic government on Part IX, column (A), line 1? If "Yes," complete Schedule I, Parts I and II	21		Х

			Yes	No
22	Did the organization report more than \$5,000 of grants or other assistance to or for domestic individuals on Part IX, column (A), line 2? If "Yes," complete Schedule I, Parts I and III.	22	Х	
23	Did the organization answer "Yes" to Part VII, Section A, line 3, 4, or 5, about compensation of the organization's current and former officers, directors, trustees, key employees, and highest compensated employees? <i>If "Yes," complete Schedule J.</i>	23		Х
24a	Did the organization have a tax-exempt bond issue with an outstanding principal amount of more than \$100,000 as of the last day of the year, that was issued after December 31, 2002? If a "Yes," answer lines 24b through 24d and complete Schedule K. If "No," go to line 25a.	24a		X
b	Did the organization invest any proceeds of tax-exempt bonds beyond a temporary period exception?	24b		
	Did the organization maintain an escrow account other than a refunding escrow at any time during the year to defease any tax-exempt bonds?	24c		
d	Did the organization act as an "on behalf of" issuer for bonds outstanding at any time during the year?	24d		
25a	Section 501(c)(3), 501(c)(4), and 501(c)(29) organizations. Did the organization engage in an excess benefit transaction with a disqualified person during the year? If "Yes," complete Schedule L, Part I.	25a		Х
b	Is the organization aware that it engaged in an excess benefit transaction with a disqualified person in a prior year, and that the transaction has not been reported on any of the organization's prior Forms 990 or 990-EZ? If "Yes," complete Schedule L, Part I	25b		Х
26	Did the organization report any amount on Part X, line 5 or 22, for receivables from or payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons? If "Yes," complete Schedule L, Part II	26		Х
27	Did the organization provide a grant or other assistance to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor or employee thereof, a grant selection committee member, or to a 35% controlled entity (including an employee thereof) or family member of any of these persons? If "Yes," complete Schedule L, Part III.	27		Х
	Was the organization a party to a business transaction with one of the following parties (see the Schedule L, Part IV, instructions for applicable filing thresholds, conditions, and exceptions):			
а	A current or former officer, director, trustee, key employee, creator or founder, or substantial contributor? If "Yes," complete Schedule L, Part IV	28a		Х
b	A family member of any individual described in line 28a? If "Yes," complete Schedule L, Part IV	28b		X
	A 35% controlled entity of one or more individuals and/or organizations described in line 28a or 28b? If "Yes," complete Schedule L, Part IV.	28c		Х
	Did the organization receive more than \$25,000 in non-cash contributions? If "Yes," complete Schedule M	29		Х
30	Did the organization receive contributions of art, historical treasures, or other similar assets, or qualified conservation contributions? <i>If "Yes," complete Schedule M.</i>	30		Х
31	Did the organization liquidate, terminate, or dissolve and cease operations? If "Yes," complete Schedule N, Part I	31		Х
32	Did the organization sell, exchange, dispose of, or transfer more than 25% of its net assets? If "Yes," complete Schedule N, Part II	32		Х
33	Did the organization own 100% of an entity disregarded as separate from the organization under Regulations sections 301.7701-2 and 301.7701-3? <i>If "Yes," complete Schedule R, Part I.</i>	33		Х
34	Was the organization related to any tax-exempt or taxable entity? If "Yes," complete Schedule R, Part II, III, or IV, and Part V, line 1.	34		Х
	Did the organization have a controlled entity within the meaning of section 512(b)(13)?	35a		Х
b	If "Yes" to line 35a, did the organization receive any payment from or engage in any transaction with a controlled entity within the meaning of section 512(b)(13)? <i>If "Yes," complete Schedule R, Part V, line 2</i>	35b		
36	Section 501(c)(3) organizations. Did the organization make any transfers to an exempt non-charitable related organization? <i>If "Yes," complete Schedule R, Part V, line 2.</i>	36		Х
37	Did the organization conduct more than 5% of its activities through an entity that is not a related organization and that is treated as a partnership for federal income tax purposes? <i>If "Yes," complete Schedule R, Part VI.</i>	37		X
38	Did the organization complete Schedule O and provide explanations on Schedule O for Part VI, lines 11b and 19? Note: All Form 990 filers are required to complete Schedule O	38	Х	
Par	t V Statements Regarding Other IRS Filings and Tax Compliance			
	Check if Schedule O contains a response or note to any line in this Part V		Yes	. No
1a	Enter the number reported in box 3 of Form 1096. Enter -0- if not applicable		162	140
b	Enter the number of Forms W-2G included on line 1a. Enter -0- if not applicable			
С	Did the organization comply with backup withholding rules for reportable payments to vendors and reportable gaming (gambling) winnings to prize winners?	1.	X	
ВΛΛ	(garnbling) winnings to prize winners?	1c	Λ 000 ((0000

Form 990 (2022) Meals on Wheels of Long Beach, Inc.

Part V Statements Regarding Other IRS Filings and Tax Compliance (continued)

b (if "Yes," has it field a Form \$90.T for this year? If "Mo" to line 30, provide an explanation on Schedule 0. 4a. At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account)? 4b. If "Yes," enter the name of the foreign country 5ch interest." A second in a foreign country such as a bank account, securities account, or other financial account)? 5b. Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? 5c. Which is bild any taxabile party notify the organization that it was or is a party to a prohibited tax shelter transaction? 5c. If "Yes," to line Sa or 5b, did the organization that it was or is a party to a prohibited tax shelter transaction? 5c. If "Yes," to line Sa or 5b, did the organization that it was or is a party to a prohibited tax shelter transaction? 5c. If "Yes," to line Sa or 5b, did the organization that it was or is a party to a prohibited tax shelter transaction? 5c. If "Yes," the did organization include with every solicitation an express statement that such contributions or gifts were not tax deductible as charitable contributions? 6c. If "Yes," the organization receive deductible contributions under section 170(c). 8d. If "Yes," did the organization notity the donor of the value of the goods or services provided? 9c. Did the organization receive a payment in excess of \$75 made party as a contribution and partly for goods and services provided to the payer. 9c. Did the organization receive any funds, directly or indirectly, to pay premiums on a personal benefit contract? 9c. X 9d. If "Yes," indicate the number of Forms 8882 filed during the year. 9c. Did the organization received a contribution of cars, boats, sirplanes, or other vehicles, did the organization file a Form 108-C? 9c. A the organization received a contribution of cars, boats, sirplanes, or other vehicles, did the organization file a Form 108-C? 9c. Sponsoring organizations maintainin				res	NO
b if at least one is reported on line 2a, did the organization file all required federal employment tax returns? 3a D did the organization have unrelated business gross income of \$1,000 or more during the year? 3b If Yes, has third a fam 980-T for the year! A 7b° ione 2b, precise an explanation of Schelde 2. 4a At any time during the cliented year, did the organization have an interest in, or a signature or other authority over, a 3b If Yes, and the common of the organization have an interest in, or a signature or other authority over, a 3b If Yes, and the country (such as a bank account, securities account, or other financial accounts? 5b If Yes, and the men of the foreign country 5c enstructions for fining requirements for FircROF form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5c Was the organization a party to a prohibited tax sheller transaction? 5b Was the organization party to a prohibited for shelder transaction of solicit any contributions that were not tax deductible as charitable contributions? 5c If Yes, "to line So of Sb, did the organization file Form 8896-T? 5c Boses the organization include with every solicitation and express statement that such contributions or gifts were not tax deductible contributions under section 170(c). 5c Different and the organization receive a payment in excess of \$75 made party as a contribution and party for goods and services provided to the payor. 5c Different and the organization receive a payment in excess of \$75 made party as a contribution and party for goods and services provided to the payor. 5c Different and the organization and party are provided to the payor. 5c Different and the organization self-excellent and payor and payor for which it was required to file Form 8282? 5c Different good and the organization notify the donor of the value of the goods or services provided? 5c Different goods and services provided the payor and payor for the payor and payor	2a				
b if "Yes," has it flied a Ferm 80.7 for this year? If Mr to live 3b, provide an epitachion or Schedule 0. 4a. All any time during the celeridary year, did the organization have an inferest in, or a significant or authority oncers, a faith the organization and interest in, or a significant or other financial accounts? 4b. If "Yes," enter the manne of the foreign country 5co in structions for fining requirements for FinicPEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5co with the organization aparty to a prohibitorial tax sheller francial remarks that the product of the program of the organization and organization fine form 8886-77. 5c If "Yes," to line 5a or 5b, did the organization file Form 8886-77. 5c If "Yes," to line 5a or 5b, did the organization file Form 8886-77. 5c If "Yes," to line 5a or 5b, did the organization file Form 8886-77. 5c If "Yes," to line 6a or 5b, did the organization file Form 8886-77. 5c If "Yes," to line 6a or 5b, did the organization file Form 8886-77. 6c Does the organization folde with every solicitation are verses statement that such contributions or gifts were not tax deductible as chantable contributions? 6c Does the organization folde with every solicitation are verses statement that such contributions or gifts were not tax deductible as chantable contributions and partly for goods and services provided to the payor. 6c Definition of the organization neceive a payment in excess of 375 made partly as a contribution and partly for goods and services provided to the payor. 6c Definition organization services provided to the payor. 7c Definition organization services are services provided to the payor. 7c Definition organization services are services p	b		2b	Χ	
4a X x y time during the calendar year, did the graphication have an interest in or a signature or other authority over, a financinal account in a foreign country (such as a bank account, securities account, or other financial account)? 4b If "Yes," either the name of the foreign country 5ee instructions for filing requirements for FinCEN Form 114, Report of Foreign Bank and Financial Accounts (FBAR). 5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? 5b Did any taxable party notify the organization that it was or is a party to a prohibited tax shelter transaction? 5c Cach be the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solid any orthributions that were not tax deductible as chariated contributions? 6c Diff "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible? 7 Organizations that may receive deductible contributions under section 170(c). 8 Diff the organization receives a payment in excess of \$75 made party as a contribution and partly for goods and services provided to this payor? 7 Did the organization network and payment in excess of \$75 made party as a contribution and partly for goods and services provided to the payor? 7 Did the organization network and payment in excess of targible personal property for which it was required to file Form 2825? 8 If "Yes," indicate the number of Forms 8282 filed during the year. 7 Did the organization received a contribution of qualified intellectual property, did the organization file a Form 1996. The payment of the payor of t	За	Did the organization have unrelated business gross income of \$1,000 or more during the year?	3a		Χ
financial account in a foreign country (such as a bank account, securities account, or other financial account)? 4			3b		
b If "Yes," ender the name of the foreign country See instructions for filing requirements for FinCEN Form 114. Report of Foreign Bank and Financial Accounts (FBAR). 5a Was the organization a party to a prohibited tax shelter transaction at any time during the tax year? 5b Did any texable party notify the organization that it was or is a party to a prohibited tax shelter transaction? 5c Can Des the organization have annual gross receipts that are normally greater than \$100,000, and did the organization solicit any contributions that were not tax deductible as chariated contributions? 6a X b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible? 7b If "Yes," did the organization include with every solicitation an express statement that such contributions or gifts were not tax deductible? 7c Organizations that may receive deductible contributions under section 170(c). 8 Just the organization shall are a payment in excess of \$75 made party as a contribution and partly for goods and services provided to the payor? 7a LY 8 If "Yes," indicate the number of Forms 8282 filed during the year. 9 Just the organization sell, exchange, or otherwise dispose of tangible personal property for which it was required to file Form \$2827 at 10 the organization, during the year, pay premiums, directly or indirectly, to pay premiums on a personal benefit contract? 7a LY 9 If the organization received an contribution of quarified intellectual property, did the organization file a Form 1989. 7a Septom 1980. 7b If the organization enceived a contribution of cars, boats, airplanes, or other vehicles, did the organization file a Form 1980. 8 Sponsoring organizations maintaining donor advised funds. 9 Just the sponsoring organizations make a distribution to a donor, donor advised fund maintained by the sponsoring organization make any taxibile distributions under section 4966? 9 a Did the sponsoring organizations. Enter: 9 Gross income	4a	At any time during the calendar year, did the organization have an interest in, or a signature or other authority over, a financial account in a foreign country (such as a bank account, securities account, or other financial account)?	4a		Х
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		If "Yes," complete Form 6069.		200	0.0.0.

Part VI Governance, Management, and Disclosure. For each "Yes" response to lines 2 through 7b below, and for a "No" response to line 8a, 8b, or 10b below, describe the circumstances, processes, or changes on Schedule O. See instructions. Check if Schedule O contains a response or note to any line in this Part VI. Section A. Governing Body and Management No Yes 1a Enter the number of voting members of the governing body at the end of the tax year..... 19 If there are material differences in voting rights among members of the governing body, or if the governing body delegated broad authority to an executive committee or similar committee, explain on Schedule O. **b** Enter the number of voting members included on line 1a, above, who are independent. . . . 19 2 Did any officer, director, trustee, or key employee have a family relationship or a business relationship with any other Χ 2 Did the organization delegate control over management duties customarily performed by or under the direct supervision of officers, directors, trustees, or key employees to a management company or other person?..... 3 Χ Did the organization make any significant changes to its governing documents since the prior Form 990 was filed? Χ 4 X Did the organization become aware during the year of a significant diversion of the organization's assets?..... 5 5 Χ Did the organization have members or stockholders?..... 6 7a Did the organization have members, stockholders, or other persons who had the power to elect or appoint one or more members of the governing body?..... 7a Χ **b** Are any governance decisions of the organization reserved to (or subject to approval by) members, stockholders, or persons other than the governing body?..... Χ 7h Did the organization contemporaneously document the meetings held or written actions undertaken during the year by the following: a The governing body?.... X 8a X **b** Each committee with authority to act on behalf of the governing body?..... 8b Is there any officer, director, trustee, or key employee listed in Part VII, Section A, who cannot be reached at the organization's mailing address? If "Yes," provide the names and addresses on Schedule O..... 9 Section B. Policies (This Section B requests information about policies not required by the Internal Revenue Code.) Yes No 10a Did the organization have local chapters, branches, or affiliates?..... 10a Χ b If "Yes," did the organization have written policies and procedures governing the activities of such chapters, affiliates, and branches to ensure their operations are consistent with the organization's exempt purposes? 10b 11a Has the organization provided a complete copy of this Form 990 to all members of its governing body before filing the form?..... Χ **b** Describe on Schedule O the process, if any, used by the organization to review this Form 990. See Schedule 0 Χ 12a Did the organization have a written conflict of interest policy? If "No," go to line 13...... 12a b Were officers, directors, or trustees, and key employees required to disclose annually interests that could give rise 12b to conflicts?.... c Did the organization regularly and consistently monitor and enforce compliance with the policy? If "Yes," describe on Schedule O how this was done 12c **13** Did the organization have a written whistleblower policy?..... 13 Χ X 14 Did the organization have a written document retention and destruction policy?..... Did the process for determining compensation of the following persons include a review and approval by independent persons, comparability data, and contemporaneous substantiation of the deliberation and decision? X a The organization's CEO, Executive Director, or top management official. See . Schedule. . O. 15a **b** Other officers or key employees of the organization..... 15b X If "Yes" to line 15a or 15b, describe the process on Schedule O. See instructions. 16a Did the organization invest in, contribute assets to, or participate in a joint venture or similar arrangement with a X taxable entity during the year?..... 16a **b** If "Yes," did the organization follow a written policy or procedure requiring the organization to evaluate its participation in joint venture arrangements under applicable federal tax law, and take steps to safeguard the organization's exempt status with respect to such arrangements?... 16b Section C. Disclosure 17 List the states with which a copy of this Form 990 is required to be filed Section 6104 requires an organization to make its Forms 1023 (1024 or 1024-A, if applicable), 990, and 990-T (section 501(c)(3)s only) available for public inspection. Indicate how you made these available. Check all that apply X Upon request Own website Another's website Other (explain on Schedule O) Describe on Schedule O whether (and if so, how) the organization made its governing documents, conflict of interest policy, and financial statements available to 19 the public during the tax year. See Schedule O State the name, address, and telephone number of the person who possesses the organization's books and records.

Kathleen Rockmore 317 Termino Avenue Long Beach CA 90814 562.326.8780

Form 990 (2	2022) 1	Meals	οn	Wheels	οf	Long	Beach.	Inc.
01111 330 (2	/	Cars	OII	MIICCIS	O_{\perp}	допа	DCacii,	T11C .

95-2829715

Page **7**

Part VII Compensation of Officers, Directors, Trustees, Key Employees, Highest Compensated Employees, and Independent Contractors

Check if Schedule O contains a response or note to any line in this Part VII.....

Section A. Officers, Directors, Trustees, Key Employees, and Highest Compensated Employees

- 1a Complete this table for all persons required to be listed. Report compensation for the calendar year ending with or within the organization's tax year.
- List all of the organization's **current** officers, directors, trustees (whether individuals or organizations), regardless of amount of compensation. Enter -0- in columns (D), (E), and (F) if no compensation was paid.
 - List all of the organization's current key employees, if any. See the instructions for definition of "key employee."
- List the organization's five **current** highest compensated employees (other than an officer, director, trustee, or key employee) who received reportable compensation (box 5 of Form W-2, box 6 of Form 1099-MISC, and/or box 1 of Form 1099-NEC) of more than \$100,000 from the organization and any related organizations.
- List all of the organization's **former** officers, key employees, and highest compensated employees who received more than \$100,000 of reportable compensation from the organization and any related organizations.
- List all of the organization's **former directors or trustees** that received, in the capacity as a former director or trustee of the organization, more than \$10,000 of reportable compensation from the organization and any related organizations.

See the instructions for the order in which to list the persons above.

X Check this box if neither the organization nor any related organization compensated any current officer, director, or trustee.

				(C))					
(A) Name and title	(B) Average hours per	thar	n one i s both	box, an o	unles fficer truste		on	(D) Reportable compensation from the organization	(E) Reportable compensation from related organizations	(F) Estimated amount of other
	week	Individual trustee or director	Institutional trustee	Officer	Key employee	Highest compensated employee	Former	(W-2/1099- MISC/1099-NEC)	(W-2/1099- MISC/1099-NEC)	compensation from the organization and related organizations
(1) Nancy Lewis	5									_
President	0	Х		Χ				0.	0.	0.
(2) Judith Hess	1									
Vice President	0	Χ		Χ				0.	0.	0.
(3) Frank McIlquham	5									
Treasurer	0	Χ		Χ				0.	0.	0.
_(4)_Julia Mendell	3									
Secretary	0	Χ		Χ				0.	0.	0.
(5) Noreen Evans	2									
Secretary	0	Χ		Χ				0.	0.	0.
(6) Robert Shannon	2									
Director	0	Χ						0.	0.	0.
(7) Phyllis Cooper	2									
Director	0	Χ						0.	0.	0.
(8) Laura Dondero	2									
Director	0	Χ						0.	0.	0.
(9) Judy Hirsch	2									
Director	0	Χ						0.	0.	0.
(10) Raymond Morquecho	2									
Director	0	X						0.	0.	0.
(11) Adrian Rivera	2									
Director	0	Χ						0.	0.	0.
(12) Beth Severson	2									
Director	0	Χ						0.	0.	0.
(13) Bill Shields (beg. 07/2022)	1									
Director	0	Х						0.	0.	0.
(14) Jamila Jabulani (beg. 07/2022)	1									
Director	0	Χ						0.	0.	0.

Par	t VII Section A. Officers, Directors, Tru		Key	Еm	•	_	es,	and	d Highest Com	pensated Emp	loyees	5 (contii	nued)
		(B)			(0	•							
	(A) Name and title	Average hours per week (list any hours for related	box	, unle: cer an	heck ss pe	erson	than is both or/trus Highest co	n an tee)	Reportable compensation from the organization (W-2/1099-MISC/1099-NEC)	Reportable compensation from related organizations (W-2/1099- MISC/1099-NEC)	compe the c	(F) ated amo of other ensation forganization d related anization	from ion I
		organiza - tions below dotted line)	ndividual trustee or director	nstitutional trustee		ployee	Highest compensated employee	,			519	31112G0011	3
(15)	<u>Michael Johnson (beg. 07/2022)</u> Director	10	Х						0.	0.			0.
(16)	<pre>Karen Harmon (beg. 12/2022)</pre> Director	1	Х						0.	0.			0.
(17)	<u>Daniella Ruiz (beg. 12/2022)</u> Director	1	Х						0.	0.			0.
(18)	Matthew Vinson (beg. 12/2022) Director	10	Х						0.	0.			0.
	Iris Schultz Director	1	Х						0.	0.			0.
(20)													
(21)													
(22)													
(23)													
(24)													
(25)													
1b	Subtotal								0.	0.	<u> </u>		0.
С	Total from continuation sheets to Part VII, Section	on A							0.	0.			0.
d	Total (add lines 1b and 1c)								0.	0.			0.
	Total number of individuals (including but not limited from the organization	to those I	isted	abov	ve) v	who	recei	ved	more than \$100,00	0 of reportable comp	pensatio	n	
	0											Yes	No
3	Did the organization list any former officer, direction line 1a? <i>If "Yes,"complete Schedule J for such</i>	tor, truste <i>h individu</i>	ee, ke <i>al</i>	ey er	nplo	oyee	e, or	high	nest compensated	employee	. 3		X
	For any individual listed on line 1a, is the sum of the organization and related organizations greate such individual	er than \$1	50,00	00?	If "\	Yes,	" cor	nple	ete Schedule J for		4		X
5	Did any person listed on line 1a receive or accrue for services rendered to the organization? If "Yes	e comper	satio	n fro	om a	anv	unre	late	d organization or	individual			X
	ion B. Independent Contractors	,						-					
1	Complete this table for your five highest compen- compensation from the organization. Report compen	sated indessation for	epen the c	dent alend	cor dar <u>y</u>	ntrad year	ctors endi	tha ng v	t received more the transition of the transition to the contraction of	nan \$100,000 of ganization's tax year			
	(A) Name and business addi	ress							Description o	of services	Compe	C) ensatio	n
	Total number of independent contractors (including b \$100,000 of compensation from the organization	out not lim 0	ited to	o tho	se I	ısteo	abo	ve)	wno received more	tnan			

Form 990 (2022) Meals on Wheels of Long Beach, Inc. Part VIII Statement of Revenue

		Check if Schedule O contains a	response or note to an	y line in this Part VI	II		
				(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514
Contributions, Gifts, Grants, and Other Similar Amounts	b c d e f	Federated campaigns	1a 1b 1c 1d 1e 25,107. 1f 597,546. 1g 19,275.				
	h	Total. Add lines 1a-1f		622,653.			
ne E			Business Code				
Program Service Revenue	2a b c	Meal_delivery_fees	624210	530,054.	530,054.		
Ñ	_		· - -				
ац	4	All other program convice revenue	· – –				
8		All other program service revenue					
مت	g	Total. Add lines 2a-2f		530,054.			
	3	Investment income (including divide other similar amounts) Income from investment of tax-ex	empt bond proceeds	17,287.			17,287.
	5	Royalties					
	b	Gross rents	al (ii) Personal				
		Rental income or (loss) 6c					
	d	Net rental income or (loss)					
		Gross amount from sales of assets other than inventory Less: cost or other basis	ities (ii) Other				
	D	and sales expenses 7b					
		Gain or (loss)					
Other Revenue		Gross income from fundraising events (not including \$ of contributions reported on line 1c). See Part IV, line 18 Less: direct expenses	- 8a 19,234. 8b 5,491.				
Ě		Net income or (loss) from fundrais	J_{1}	10 740			0.214
0		Gross income from gaming activities. See Part IV, line 19	9a	13,743.			9,314.
	b	Less: direct expenses	9b				
	С	Net income or (loss) from gaming	activities				
	1 0 a	Gross sales of inventory, less returns and allowances	10a				
		Less: cost of goods sold	10b				
	С	Net income or (loss) from sales o					
Ş			Business Code				
scellaneous Revenue	11a b c d						
를 로	b						
<u>`</u> ₹	С						
اڻ پ		All other revenue					
v,	d	All other revenue	* * *				
<u>Σ</u>		Total. Add lines 11a-11d					

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

	Check if Schedule O contains a re	sponse or note to any			
	not include amounts reported on lines 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1	Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21		·		
2	Grants and other assistance to domestic individuals. See Part IV, line 22	419,478.	419,478.		
3	Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16				
4	Benefits paid to or for members				
5	Compensation of current officers, directors, trustees, and key employees	0.	0.	0.	0.
6	Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B)	0.	0.	0.	0.
7	Other salaries and wages	366,583.	254,377.	47,814.	64,392.
8	Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions)	300,303.	234,377.	47,014.	04, 332.
9	Other employee benefits	21,226.	13,357.	3,959.	3,910.
10	Payroll taxes	30,563.	20,728.	4,124.	5,711.
11	Fees for services (nonemployees):				
а	Management				
b	Legal				
С	Accounting				
d	Lobbying				
е	Professional fundraising services. See Part IV, line 17	26,250.			26,250.
	Investment management fees	3,789.		3,789.	
_	Other. (If line 11g amount exceeds 10% of line 25, column (A), amount, list line 11g expenses on Schedule 0.)	61,814.	28,355.	13,746.	19,713.
13	Office expenses				
14	Information technology	12,800.	11,951.	637.	212.
15	Royalties	22/0001	22/3021	3011	
16	Occupancy	27,200.	24,616.	1,074.	1,510.
17	Travel			=,	
18	Payments of travel or entertainment expenses for any federal, state, or local public officials				
19 20	Conferences, conventions, and meetings				
21	Payments to affiliates				
22	Depreciation, depletion, and amortization	6,686.	6,686.		
23	Insurance	15,078.	6,045.	8,077.	956.
24	Other expenses. Itemize expenses not covered above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule O.)	, , , , ,		,,	
а	Food, packaging, and delivery	235,111.	235,111.		
b	Bad_debt	22,420.	22,420.		
С	Other	17,797.		1,842.	15,955.
d	Telecommunications	11,676.	8,051.	1,559.	2,066.
e	All other expenses	18,479.	11,279.	2,115.	5,085.
25	Total functional expenses. Add lines 1 through 24e	1,296,950.	1,062,454.	88,736.	145,760.
26	Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here if following SOP 98-2 (ASC 958-720).				

		Check if Schedule O contains a response or note to	o any Iir	ne in this Part X			
					(A) Beginning of year		(B) End of year
	1	Cash — non-interest-bearing				1	
	2	Savings and temporary cash investments			87,175.	2	151,823.
	3	Pledges and grants receivable, net				3	
	4	Accounts receivable, net			104,487.	4	97,711.
	5	Loans and other receivables from any current or form trustee, key employee, creator or founder, substantial controlled entity or family member of any of these pe	ner office I contrib	er, director, utor, or 35%		5	
	_					3	
	6	Loans and other receivables from other disqualified p section 4958(f)(1)), and persons described in section				6	
	7	Notes and loans receivable, net				7	
ts	8	Inventories for sale or use		8			
Assets	9	Prepaid expenses and deferred charges			2,206.	9	2,451.
¥	10a	Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	10a	82,223.			
	b	Less: accumulated depreciation	10b	61,049.	27,860.	10c	21,174.
	11	Investments — publicly traded securities			1,290,612.	11	999,295.
	12	Investments – other securities. See Part IV, line 11				12	•
	13	Investments – program-related. See Part IV, line 11.				13	
	14	Intangible assets				14	
	15	Other assets. See Part IV, line 11			15		
	16	Total assets. Add lines 1 through 15 (must equal line	33)		1,512,340.	16	1,272,454.
	17	Accounts payable and accrued expenses	95,708.	17	80,506.		
	18	Grants payable			,	18	,
	19	Deferred revenue				19	5,866.
	20	Tax-exempt bond liabilities				20	
es	21	Escrow or custodial account liability. Complete Part I	IV of Sc	hedule D		21	
Liabilities	22	Loans and other payables to any current or former of key employee, creator or founder, substantial contribu- controlled entity or family member of any of these pe	utor. or	35%		22	
	23	Secured mortgages and notes payable to unrelated the		<u> </u>		23	
	24	Unsecured notes and loans payable to unrelated third	•	<u> </u>		24	
	25	Other liabilities (including federal income tax, payable and other liabilities not included on lines 17-24). Com				25	
	26	Total liabilities. Add lines 17 through 25			95,708.	26	86,372.
ces		Organizations that follow FASB ASC 958, check here and complete lines 27, 28, 32, and 33.		X	,		,
<u>a</u>	27	Net assets without donor restrictions			1,400,948.	27	1,129,213.
ä	28	Net assets with donor restrictions			15,684.	28	56,869.
Net Assets or Fund Balance		Organizations that do not follow FASB ASC 958, che and complete lines 29 through 33.	ck here				,
ō	29	Capital stock or trust principal, or current funds				29	
ş	30	Paid-in or capital surplus, or land, building, or equipm		<u></u>		30	
SSS	31	Retained earnings, endowment, accumulated income				31	
t A	32	Total net assets or fund balances		_	1,416,632.	32	1,186,082.
ş	33	Total liabilities and net assets/fund balances		<u> </u>	1,512,340.	33	1,272,454.
ВА	A			1L 09/01/22	=, ===, ==0.00		Form 990 (2022)

Pai	rt XI Reconciliation of Net Assets				
	Check if Schedule O contains a response or note to any line in this Part XI.				
1	Total revenue (must equal Part VIII, column (A), line 12)	1	1,1	83,7	737.
2	Total expenses (must equal Part IX, column (A), line 25)	2	1,2	96,9	950.
3	Revenue less expenses. Subtract line 2 from line 1	3	-1	13,2	213.
4	Net assets or fund balances at beginning of year (must equal Part X, line 32, column (A))	4	1,4	16,6	532.
5	Net unrealized gains (losses) on investments.	5	-1	17,3	337.
6	Donated services and use of facilities	6			
7	Investment expenses	7			
8	Prior period adjustments	8			
9	Other changes in net assets or fund balances (explain on Schedule O)	9			0.
10	Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 32,	10	1 1	0.0	
Dai	rt XII Financial Statements and Reporting	10	⊥,⊥	86,0	182.
Га	<u> </u>				
	Check if Schedule O contains a response or note to any line in this Part XII				
				Yes	No
1	Accounting method used to prepare the Form 990:		_		
	If the organization changed its method of accounting from a prior year or checked "Other," explain on Schedule O.				
2a	Were the organization's financial statements compiled or reviewed by an independent accountant?		2a		X
	If "Yes," check a box below to indicate whether the financial statements for the year were compiled or review separate basis, consolidated basis, or both: Separate basis Both consolidated and separate basis	ed on a			
b	Were the organization's financial statements audited by an independent accountant?		2b	Х	
	If "Yes," check a box below to indicate whether the financial statements for the year were audited on a separate	ate			
	basis, consolidated basis, or both: X Separate basis Consolidated basis Both consolidated and separate basis				
C	If "Yes" to line 2a or 2b, does the organization have a committee that assumes responsibility for oversight of the audit review, or compilation of its financial statements and selection of an independent accountant?	, 	2c	Х	
	If the organization changed either its oversight process or selection process during the tax year, explain on Schedule O.				
3a	As a result of a federal award, was the organization required to undergo an audit or audits as set forth in the Guidance, 2 C.F.R Part 200, Subpart F?	Uniform	3a		Х
b	old "Yes," did the organization undergo the required audit or audits? If the organization did not undergo the required audit or audits, explain why on Schedule O and describe any steps taken to undergo such audits		3b		
BAA	TEEA0112L 09/01/22		Form	990 ((2022)

SCHEDULE A (Form 990)

Department of the Treasury Internal Revenue Service

Public Charity Status and Public Support

Complete if the organization is a section 501(c)(3) organization or a section 4947(a)(1) nonexempt charitable trust.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

2022

Open to Public Inspection

	of the organization					Employer identific			
Meals on Wheels of Long Beach, Inc. 95-2829715									
Par						<u>'</u>	ctions.		
	The organization is not a private foundation because it is: (For lines 1 through 12, check only one box.)								
1	A church, convention of churches, or association of churches described in section 170(b)(1)(A)(i).								
2	A school described in section		•						
3	A hospital or a cooperative h					• • •			
4	A medical research organization	tion operated in conj	junction with a hospital	describe	d in sec	tion 1 70(b)(1)(A)(iii) . E	Inter the hospital's		
	name, city, and state:								
5	An organization operated for the benefit of a college or university owned or operated by a governmental unit described in section 170(b)(1)(A)(iv). (Complete Part II.)								
6	A federal, state, or local gove	ernment or governme	ental unit described in s	ection 1	70(b)(1)	(A)(v).			
7	An organization that normally r in section 170(b)(1)(A)(vi).	eceives a substantial Complete Part II.)	part of its support from a	governm	ental uni	it or from the general pu	blic described		
8	A community trust described	in section 170(b)(1)	(A)(vi). (Complete Part	1.)					
9	An agricultural research organiz				oniunctio	on with a land-grant coll	eae		
J	or university or a non-land-grar university:								
10	An organization that normally from activities related to its investment income and unrel June 30, 1975. See section 5	ated business taxab	le income (less section	oort from ns; and 511 tax)	contrib (2) no r from bu	utions, membership fe nore than 33-1/3% of i usinesses acquired by	es, and gross receipts ts support from gross the organization after		
11	An organization organized ar	nd operated exclusiv	ely to test for public safe	ety. See	section	1 509(a)(4).			
12	An organization organized ar or more publicly supported or lines 12a through 12d that de	rganizations describ	ed in section 509(a)(1) d	r sectio	n 509(a))(2). See section 509(a	ut the purposes of one a)(3). Check the box on		
а	- -	on operated, supervise	ed, or controlled by its sur	ported o	rganizat	ion(s), typically by giving	g the supported ion. You must		
b	Type II. A supporting organiz management of the supporting must complete Part IV. Secti	organization vested in	controlled in connection the same persons that c	with its ontrol or	support manage	ed organization(s), by the supported organiza	having control or tion(s). You		
С	· ' '	A supporting organiza	ation operated in connection	n with, a	nd function	onally integrated with, its	supported		
d		rated. A supporting or organization generall	ganization operated in cory must satisfy a distribu	nnection	with its s	supported organization(s t and an attentiveness	s) that is not requirement (see		
е		ation received a writ	ten determination from	the IRS	that it is	a Type I, Type II, Typ	e III functionally		
f	Enter the number of supported of								
g			ed organization(s).						
	(i) Name of supported organization	(ii) EIN	(iii) Type of organization (described on lines 1-10 above (see instructions))	(iv) I organizat in your g docur	s the tion listed loverning ment?	(v) Amount of monetary support (see instructions)	(vi) Amount of other support (see instructions)		
				Yes	No				
(A)									
(B)									
(C)									
(D)									
<u>(E)</u>	(E)								
Total									

Schedule A (Form 990) 2022 Meals on Wheels of Long Beach, Inc. 95–2829715

Part II Support Schedule for Organizations Described in Sections 170(b)(1)(A)(iv) and 170(b)(1)(A)(vi)

. ui	(Complete only if you checked organization fails to qualify	the box on line 5,	7, or 8 of Part I or	r if the organization	n failed to qualify un		
Sec	tion A. Public Support				_		_
	ndar year (or fiscal year nning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")						
2	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						
3	The value of services or facilities furnished by a governmental unit to the organization without charge						
4	Total. Add lines 1 through 3						
5	The portion of total contributions by each person (other than a governmental unit or publicly supported organization) included on line 1 that exceeds 2% of the amount shown on line 11, column (f)						
6	Public support. Subtract line 5 from line 4						
Sec	tion B. Total Support			•		•	_
	ndar year (or fiscal year nning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
7	Amounts from line 4						
8	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources						
9	Net income from unrelated business activities, whether or not the business is regularly carried on						
10	Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.).						
11	Total support. Add lines 7 through 10						
12	Gross receipts from related activ	vities, etc. (see in	structions)				
13	First 5 years. If the Form 990 is organization, check this box and						
Sec	tion C. Computation of Pu						
	Public support percentage for 20			ine 11, column (f))	14	%
	Public support percentage from	•			•		
16a	33-1/3% support test—2022. If t and stop here. The organization	he organization d qualifies as a pu	lid not check the l blicly supported o	box on line 13, ar organization	nd line 14 is 33-1/3	3% or more, che	ck this box
b	33-1/3% support test—2021. If the and stop here. The organization	ne organization di qualifies as a pu	d not check a box ablicly supported	x on line 13 or 16 organization	a, and line 15 is 3	3-1/3% or more	, check this box
17a	10%-facts-and-circumstances te or more, and if the organization the organization meets the facts	meets the facts-a	and-circumstance	s test, check this	box and stop here	e. Explain in Pai	rt VI how _
b	10%-facts-and-circumstances te or more, and if the organization organization meets the facts-and	meets the facts-a	and-circumstance	s test, check this	box and stop here	e. Explain in Par	rt VI how the
18	Private foundation. If the organi	zation did not che	eck a hox on line	13 16a 16h 17a	a or 17h check th	is hox and see i	nstructions

Part III Support Schedule for Organizations Described in Section 509(a)(2)

(Complete only if you checked the box on line 10 of Part I or if the organization failed to qualify under Part II. If the organization fails to qualify under the tests listed below, please complete Part II.)

	tion A. Public Support						
Calen	dar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
1	Gifts, grants, contributions, and membership fees received. (Do not include any "unusual grants.")	357,733.	394,046.	619,350.	416,358.	622,653	. 2,410,140.
2	Gross receipts from admissions, merchandise sold or services performed, or facilities furnished in any activity that is related to the organization's						
3	tax-exempt purpose	533,132.	500,918.	657,715.	598,623.	549,288	
	Tax revenues levied for the organization's benefit and either paid to or expended on its behalf						0.
	The value of services or facilities furnished by a governmental unit to the organization without charge						0.
	Total. Add lines 1 through 5	890,865.	894,964.	1,277,065.	1,014,981.	1,171,941	. 5,249,816.
7a	Amounts included on lines 1, 2, and 3 received from disqualified persons	3,000.	3,000.	3,000.	2,800.	10,086	. 21,886.
b	Amounts included on lines 2 and 3 received from other than disqualified persons that exceed the greater of \$5,000 or 1% of the amount on line 13		, , , , , , , , , , , , , , , , , , , ,				
	for the year	83,702.	81,410.	56,785.	66,388.	48,760	. 337,045.
С	Add lines 7a and 7b	86,702.	84,410.	59,785.	69,188.	58,846	. 358,931.
	Public support. (Subtract line 7c from line 6.)						4,890,885.
	tion B. Total Support	<u></u>			T		
	dar year (or fiscal year beginning in)	(a) 2018	(b) 2019	(c) 2020	(d) 2021	(e) 2022	(f) Total
	Amounts from line 6	890,865.	894,964.	1,277,065.	1,014,981.	1,171,941	. 5,249,816.
	Gross income from interest, dividends, payments received on securities loans, rents, royalties, and income from similar sources	10,282.	60,166.	5,569.	17,804.	17,287	. 111,108.
n							
	Unrelated business taxable income (less section 511 taxes) from businesses acquired after June 30, 1975	10.000	60.166	5 5 6 0	15.004	15.005	0.
c	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b	10,282.	60,166.	5,569.	17,804.	17,287	. 111,108.
c 11	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b,	10,282.	60,166.	5,569.	17,804.	17,287	
11 12 13	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)	901,147.	955,130.	1,282,634.	1,032,785.	1,189,228	0. 0. 5,360,924.
11 12 13 14	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on	901,147. for the organizatio stop here	955,130. n's first, second,	1,282,634. third, fourth, or fi	1,032,785.	1,189,228 section 501(c)(3	0. 5,360,924.
11 12 13 14 Sec	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.)	901,147. for the organizatio stop hereblic Support Po	955,130. n's first, second, ercentage	1,282,634. third, fourth, or fi	1,032,785. ifth tax year as a	1,189,228 section 501(c)(3	0. 0. 5,360,924.
11 12 13 14 Sec 15	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.). Total support. (Add lines 9, 10c, 11, and 12.) First 5 years. If the Form 990 is organization, check this box and tion C. Computation of Pul Public support percentage for 20	901,147. for the organizatio stop here blic Support Po	955,130. n's first, second, ercentage (f), divided by li	1,282,634. third, fourth, or fi	1,032,785. ifth tax year as a	1,189,228 section 501(c)(3	0. 0. 5,360,924.
11 12 13 14 Sec 15 16	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on	901,147. for the organizatio stop here blic Support Po 22 (line 8, column 2021 Schedule A,	955, 130. n's first, second, ercentage (f), divided by li Part III, line 15.	1,282,634. third, fourth, or fine 13, column (f)	1,032,785. ifth tax year as a	1,189,228 section 501(c)(3	0. 0. 5,360,924. 91.23 %
11 12 13 14 Sec 15 16 Sec	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b	901,147. for the organizatio stop here blic Support Po 22 (line 8, column 2021 Schedule A, estment Incon	955,130. n's first, second, ercentage (f), divided by li Part III, line 15 ne Percentage	1,282,634. third, fourth, or fi	1,032,785. ifth tax year as a	1,189,228 section 501(c)(3	0. 0. 5,360,924. 91.23 % 92.10 %
11 12 13 14 Sec 15 16 Sec 17	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) Total support. (Add lines 9, 10c, 11, and 12.) First 5 years. If the Form 990 is organization, check this box and tion C. Computation of Pul Public support percentage for 20 Public support percentage from 2 tion D. Computation of Inv	901,147. for the organizatio stop here blic Support Polic Support Polic Support Schedule A, estment Incomor 2022 (line 10c,	955,130. n's first, second, ercentage (f), divided by li Part III, line 15. ne Percentage column (f), divide	1,282,634. third, fourth, or fine 13, column (f)	1,032,785. ifth tax year as a if	1,189,228 section 501(c)(3 	0. 0. 5,360,924. 91.23 % 92.10 %
11 12 13 14 Sec 15 16 Sec 17 18	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on	901,147. for the organizatio stop here blic Support Polic Support Polic Support Schedule A, estment Incomor 2022 (line 10c, rom 2021 Schedul	955,130. n's first, second, ercentage (f), divided by li Part III, line 15. ne Percentage column (f), divide e A, Part III, line	1,282,634. third, fourth, or fi	1,032,785. ifth tax year as a if	1,189,228 section 501(c)(3 	0. 0. 5,360,924.) 91.23 % 92.10 % 2.07 % 2.02 %
11 12 13 14 Sec 15 16 Sec 17 18 19a	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on	901,147. for the organizatio stop here blic Support Polic Support Schedule A, estment Incomor 2022 (line 10c, rom 2021 Schedul the organization dithis box and stop	955,130. n's first, second, ercentage (f), divided by li Part III, line 15. ne Percentage column (f), divide e A, Part III, line d not check the le here. The organ	1,282,634. third, fourth, or fi	1,032,785. ifth tax year as a summ (f))	1, 189, 228 section 501(c)(3	0. 0. 5,360,924. 91.23 % 92.10 % 2.07 % 2.02 % and line 17 pn
11 12 13 14 Sec 17 18 19a b	income (less section 511 taxes) from businesses acquired after June 30, 1975 Add lines 10a and 10b Net income from unrelated business activities not included on line 10b, whether or not the business is regularly carried on Other income. Do not include gain or loss from the sale of capital assets (Explain in Part VI.) Total support. (Add lines 9, 10c, 11, and 12.) First 5 years. If the Form 990 is organization, check this box and tion C. Computation of Pul Public support percentage for 20 Public support percentage from 2 tion D. Computation of Investment income percentage for 33-1/3% support tests—2022. If it	901,147. for the organizatio stop here blic Support Polic Support Polic Support Polic Support Polic Support Polic Support Polic Schedule A, estment Incomport 2022 (line 10c, rom 2021 Schedul the organization did this box and stop he organization did check this box and stop or check	955,130. n's first, second, ercentage (f), divided by li Part III, line 15. ne Percentage column (f), divide e A, Part III, line d not check the le here. The organ d not check a bo nd stop here. Th	1,282,634. third, fourth, or fine 13, column (f) ed by line 13, column 17	1,032,785. ifth tax year as a summ (f))	1, 189, 228 section 501(c)(3	91.23 % 92.10 % 2.07 % 2.02 % and line 17 on

Part IV Supporting Organizations

(Complete only if you checked a box on line 12 of Part I. If you checked box 12a, Part I, complete Sections A and B. If you checked box 12b, Part I, complete Sections A and C. If you checked box 12c, Part I, complete Sections A, D, and E. If you checked box 12d, Part I, complete Sections A and D, and complete Part V.)

Section A. All Supporting Organizations

			Yes	No
1	Are all of the organization's supported organizations listed by name in the organization's governing documents? If "No," describe in Part VI how the supported organizations are designated. If designated by class or purpose, describe the designation. If historic and continuing relationship, explain.	1		
2	Did the organization have any supported organization that does not have an IRS determination of status under section 509(a)(1) or (2)? If "Yes," explain in Part VI how the organization determined that the supported organization was described in section 509(a)(1) or (2).	2		
За	Did the organization have a supported organization described in section 501(c)(4), (5), or (6)? If "Yes," answer lines 3b and 3c below.	3a		
b	Did the organization confirm that each supported organization qualified under section 501(c)(4), (5), or (6) and satisfied the public support tests under section 509(a)(2)? If "Yes," describe in Part VI when and how the organization made the determination.	3b		
С	Did the organization ensure that all support to such organizations was used exclusively for section 170(c)(2)(B) purposes? If "Yes," explain in Part VI what controls the organization put in place to ensure such use.	3c		
4a	Was any supported organization not organized in the United States ("foreign supported organization")? If "Yes" and if you checked box 12a or 12b in Part I, answer lines 4b and 4c below.	4 a		
b	Did the organization have ultimate control and discretion in deciding whether to make grants to the foreign supported organization? If "Yes," describe in Part VI how the organization had such control and discretion despite being controlled or supervised by or in connection with its supported organizations.	4b		
С	Did the organization support any foreign supported organization that does not have an IRS determination under sections 501(c)(3) and 509(a)(1) or (2)? If "Yes," explain in Part VI what controls the organization used to ensure that all support to the foreign supported organization was used exclusively for section 170(c)(2)(B) purposes.	4c		
5a	Did the organization add, substitute, or remove any supported organizations during the tax year? If "Yes," answer lines 5b and 5c below (if applicable). Also, provide detail in Part VI , including (i) the names and EIN numbers of the supported organizations added, substituted, or removed; (ii) the reasons for each such action; (iii) the authority under the organization's organizing document authorizing such action; and (iv) how the action was accomplished (such as by amendment to the organizing document).	5a		
b	Type I or Type II only. Was any added or substituted supported organization part of a class already designated in the organization's organizing document?	5b		
С	Substitutions only. Was the substitution the result of an event beyond the organization's control?	5c		
6	Did the organization provide support (whether in the form of grants or the provision of services or facilities) to anyone other than (i) its supported organizations, (ii) individuals that are part of the charitable class benefited by one or more of its supported organizations, or (iii) other supporting organizations that also support or benefit one or more of the filing organization's supported organizations? <i>If "Yes," provide detail in Part VI.</i>	6		
7	Did the organization provide a grant, loan, compensation, or other similar payment to a substantial contributor (as defined in section 4958(c)(3)(C)), a family member of a substantial contributor, or a 35% controlled entity with regard to a substantial contributor? If "Yes," complete Part I of Schedule L (Form 990).	7		
8	Did the organization make a loan to a disqualified person (as defined in section 4958) not described on line 7? If "Yes," complete Part I of Schedule L (Form 990).	8		
9a	Was the organization controlled directly or indirectly at any time during the tax year by one or more disqualified persons, as defined in section 4946 (other than foundation managers and organizations described in section 509(a)(1) or (2))? If "Yes," provide detail in Part VI.	9a		
b	Did one or more disqualified persons (as defined on line 9a) hold a controlling interest in any entity in which the supporting organization had an interest? If "Yes," provide detail in Part VI .	9b		
С	Did a disqualified person (as defined on line 9a) have an ownership interest in, or derive any personal benefit from, assets in which the supporting organization also had an interest? If "Yes," provide detail in Part VI .	9с		
0a	Was the organization subject to the excess business holdings rules of section 4943 because of section 4943(f) (regarding certain Type II supporting organizations, and all Type III non-functionally integrated supporting organizations)? If "Yes," answer line 10b below.	10a		
b	Did the organization have any excess business holdings in the tax year? (Use Schedule C, Form 4720, to determine whether the organization had excess business holdings.)	10b		

Sch		(Form 990) 2022		on Whe	els of	Long I	Beach,	Inc.	95-2829	715	F	Page 5
Pa	rt IV	Supporting Organ	nizations (cor	ntinued)							1	1
11	Has tl	ne organization accept	ed a gift or contr	ibution fro	m anv of t	he followi	na nersoi	ns?			Yes	No
		son who directly or indire	· ·		•		0 .		11b and 11c below,			
	the go	overning body of a sup	ported organizati	ion?	3	·				11a		
ŀ	A fam	ily member of a perso	n described on li	ne 11a abo	ove?					11b		
		controlled entity of a person			e? If "Yes" to	line 11a, 11	b, or 11с, рг	rovide detail i	in Part VI.	11c		
Sec	ction E	3. Type I Supportii	ng Organizati	ons								
1	Did th	e governing hody, mer	mhers of the gove	erning hod	v officers	acting in	their offi	cial canac	ity, or membership of or	20	Yes	No
•	or mo office organ than o were	re supported organizates, directors, or trustee vization(s) effectively of one supported organiza	tions have the po es at all times dur perated, supervis ation, describe ho	ower to reg ring the tax sed, or con ow the pov	jularly app x year? If atrolled the vers to app	ooint or ele "No," dese organiza point and/	ect at leas cribe in F tion's act or remov	st a major Part VI how tivities. If t re officers,	ity of the organization's the supported he organization had mo	re		
2	`	,					- 41 41		t d t (-)			
2	that o	ne organization operate perated, supervised, o it carried out the purpo orting organization.	r controlled the s	supporting	organizati	ion? <i>If "Ye</i>	es," expla	ain in Part	VI how providing such	2		
Sec	ction (C. Type II Supporti	ng Organizat	ions								1
			<u> g</u>								Yes	No
1	Were	a majority of the organiz	ation's directors o	r trustees d	luring the ta	ax year als	o a major	rity of the d	lirectors or trustees			
		ch of the organization's orting organization was							rol or management of the	ne 1		
Sad		D. All Type III Supp		· ·					(-)·	Ĺ		<u> </u>
360	LIIOII	7. Ali Type ili Supp	Jording Organi	iizatioiis							Yes	No
1	Did th	e organization provide ization's tax year, (i) a	to each of its su	ipported or	rganizatior	ns, by the	last day	of the fifth	month of the			
	year,	(ii) a copy of the Form	990 that was mo	ost recently	y filed as	of the date	e of notifi	ication, an	d (iii) copies of the			
	organ	ization's governing dod	cuments in effect	on the da	te of notifi	ication, to	the exte	nt not prev	viously provided?	1		
2	organ	any of the organization ization (s) or (ii) serving ganization maintained	a on the aovernir	na bodv of	a support	ed organiz	zation? <i>It</i>	f "No." ext	olain in Part VI how	2		
3	D	-	daaarihad oo lina C	المصامم ال	ما الم		ام ماسم مسمد		una hava a aismifiaant			
3	voice all tim		nvestment policie	s and in d	irecting th	ie use of t	hė organi	ization's ir		3		
500		s regard. E. Type III Function	nally Intagrate	ad Supp	ortina O)raonizo	tions			3		
3 e(LIIOII	. Type III Fullction	ially integrate	eu Supp	orang O	ryaniza	uons					
1	Check	the box next to the met	hod that the organ	nization use	ed to satisfy	y the Integr	al Part Te	est during t	he year (see instructions)).		
	a 📙 TI	ne organization satisfie	ed the Activities T	Γest. <i>Comp</i>	olete line 2	2 below.						
	b 🔲 T	ne organization is the p	parent of each of	its suppor	rted organ	izations. (Complete	line 3 bel	low.			
		3	J	,	Describe I	in Part VI	how you	supported	l a governmental entity	(see instr	uction	s).
2	Activi	ties Test. Answer lines	; 2a and 2b belov	N.							Yes	No
i	suppo organ respo	ubstantially all of the orted organization(s) to whizations and explain has been sometimed to the organization of the organiza	hich the organizat now these activition ed organizations,	tion was res es directly	sponsive? I furthered	lf "Yes," th their exer	en in Part npt purpo	t VI identify oses, how	those supported the organization was	22		
	subst	antially all of its activiti	es.							2a		
	more reaso	of the organization's s ns for the organization	upported organiz	ation(s) w	ould have	been eng	aged in?	If "Yes," e				
	but fo	r the organization's inv	olvement.							2b		
		t of Supported Organiz										
i	a Did the each	e organization have th of the supported organ	e power to regularizations? If "Yes	arly appoir " or "No,"	nt or elect <i>provide de</i>	a majority etails in Pa	of the o	fficers, dir	ectors, or trustees of	3a		
		e organization exercise a orted organizations? <i>If</i>								3b		

Page 6

	Type in Non-Functionally integrated 505(a)(5) Supporting Orga			-
1	Check here if the organization satisfied the Integral Part Test as a qualifying trus instructions. All other Type III non-functionally integrated supporting organization	t on No ns mus	v. 20, 1970 (explain ir t complete Sections A	n Part VI). See . through E.
Sec	tion A – Adjusted Net Income		(A) Prior Year	(B) Current Year (optional)
1	Net short-term capital gain	1		
2	Recoveries of prior-year distributions	2		
3	Other gross income (see instructions)	3		
4	Add lines 1 through 3.	4		
5	Depreciation and depletion	5		
6	Portion of operating expenses paid or incurred for production or collection of gross income or for management, conservation, or maintenance of property held for production of income (see instructions)	6		
7	Other expenses (see instructions)	7		
8	Adjusted Net Income (subtract lines 5, 6, and 7 from line 4)	8		
Sec	tion B – Minimum Asset Amount		(A) Prior Year	(B) Current Year (optional)
1	Aggregate fair market value of all non-exempt-use assets (see instructions for short tax year or assets held for part of year):			
	Average monthly value of securities	1a		
	Average monthly cash balances	1b		
	Fair market value of other non-exempt-use assets	1c		
	d Total (add lines 1a, 1b, and 1c)	1d		
•	Discount claimed for blockage or other factors (explain in detail in Part VI):			
2	Acquisition indebtedness applicable to non-exempt-use assets	2		
3	Subtract line 2 from line 1d.	3		
4	Cash deemed held for exempt use. Enter 0.015 of line 3 (for greater amount, see instructions).	4		
5	Net value of non-exempt-use assets (subtract line 4 from line 3)	5		
6	Multiply line 5 by 0.035.	6		
7	Recoveries of prior-year distributions	7		
8	Minimum Asset Amount (add line 7 to line 6)	8		
Sec	tion C — Distributable Amount			Current Year
1	Adjusted net income for prior year (from Section A, line 8, column A)	1		
2	Enter 0.85 of line 1.	2		
3	Minimum asset amount for prior year (from Section B, line 8, column A)	3		
4	Enter greater of line 2 or line 3.	4		
5	Income tax imposed in prior year	5		
6	Distributable Amount. Subtract line 5 from line 4, unless subject to emergency temporary reduction (see instructions).	6		
7	Check here if the current year is the organization's first as a non-functionally inte	grated	Type III supporting or	ganization

BAA Schedule A (Form 990) 2022

Sch	edule A (Form 990) 2022 Meals on Wheels of Long Beach, Inc.	95-2829	9715	Page 7
Pa	t V Type III Non-Functionally Integrated 509(a)(3) Supporting Organizations (con	tinued)		
Sec	tion D — Distributions		Current	Year
1	Amounts paid to supported organizations to accomplish exempt purposes	1		
2	Amounts paid to perform activity that directly furthers exempt purposes of supported organizations, in excess of income from activity	2		
3	Administrative expenses paid to accomplish exempt purposes of supported organizations	3		
4	Amounts paid to acquire exempt-use assets	4		
5	Qualified set-aside amounts (prior IRS approval required — provide details in Part VI)	5		
6	Other distributions (describe in Part VI). See instructions.	6		
7	Total annual distributions. Add lines 1 through 6.	7		
8	Distributions to attentive supported organizations to which the organization is responsive (provide details in Part VI). See instructions.	8		
9	Distributable amount for 2022 from Section C, line 6	9		

10 Line 8 amount divided by line 9 amount	10		
Section E — Distribution Allocations (see instructions)	(ii) Underdistributions	(iii) Distributable	
	Excess Distributions	Pre-2022	Amount for 2022
1 Distributable amount for 2022 from Section C, line 6			
2 Underdistributions, if any, for years prior to 2022 (reasonable cause required — explain in Part VI). See instructions.			
3 Excess distributions carryover, if any, to 2022			
a From 2017			
b From 2018			
c From 2019			
d From 2020			
e From 2021			
f Total of lines 3a through 3e			
g Applied to underdistributions of prior years			
h Applied to 2022 distributable amount			
i Carryover from 2017 not applied (see instructions)			
j Remainder. Subtract lines 3g, 3h, and 3i from line 3f.			
4 Distributions for 2022 from Section D, line 7:			
a Applied to underdistributions of prior years			
b Applied to 2022 distributable amount			
c Remainder. Subtract lines 4a and 4b from line 4.			
5 Remaining underdistributions for years prior to 2022, if any. Subtract lines 3g and 4a from line 2. For result greater than zero, <i>explain in Part VI</i> . See instructions.			
6 Remaining underdistributions for 2022. Subtract lines 3h and 4b from line 1. For result greater than zero, <i>explain in Part VI</i> . See instructions.			
7 Excess distributions carryover to 2023. Add lines 3j and 4c.			
8 Breakdown of line 7:			
a Excess from 2018			
b Excess from 2019			
c Excess from 2020			
d Excess from 2021			
e Excess from 2022			

BAA Schedule A (Form 990) 2022 Part VI

Supplemental Information. Provide the explanations required by Part II, line 10; Part II, line 17a or 17b; Part III, line 12; Part IV, Section A, lines 1, 2, 3b, 3c, 4b, 4c, 5a, 6, 9a, 9b, 9c, 11a, 11b, and 11c; Part IV, Section B, lines 1 and 2; Part IV, Section C, line 1; Part IV, Section D, lines 2 and 3; Part IV, Section E, lines 1c, 2a, 2b, 3a, and 3b; Part V, line 1; Part V, Section B, line 1e; Part V, Section D, lines 5, 6, and 8; and Part V, Section E, lines 2, 5, and 6. Also complete this part for any additional information. (See instructions.)

Schedule B (Form 990)

PUBLIC DISCLOSURE COPY
Schedule of Contributors

ule of Contributors

Department of the Treasury Internal Revenue Service

Name of the organization Attach to Form 990 or Form 990-PF. Go to www.irs.gov/Form990 for the latest information.

2022

Employer identification number

OMB No. 1545-0047

Meals on Wheels of Long Beach, Inc. 95-2829715							
Organization type (check one):							
Filers of:	Se	ction:					
Form 990 or	990-EZ X	501(c)(3) (enter number) organization					
		4947(a)(1) nonexempt charitable trust not treated as a private foundation	n				
	Γ	527 political organization					
Form 990-PF	Γ	501(c)(3) exempt private foundation					
		4947(a)(1) nonexempt charitable trust treated as a private foundation					
		501(c)(3) taxable private foundation					
Check if your o	organization is covered	by the General Rule or a Special Rule.					
-	*	, or (10) organization can check boxes for both the General Rule and a Spo	ecial Rule. See instructions.				
General Rule							
or r		g Form 990, 990-EZ, or 990-PF that received, during the year, contributions perty) from any one contributor. Complete Parts I and II. See instructions for deteributions.					
Special Rule	5						
regi 16b	ulations under sections , and that received f	cribed in section 501(c)(3) filing Form 990 or 990-EZ that met the 33-1/3% stribed in section 501(c)(3) filing Form 990 or 990-EZ that met the 33-1/3% stributor, and 170(b)(1)(A)(vi), that checked Schedule A (Form 990), Part II, line om any one contributor, during the year, total contributions of the greater (i) Form 990, Part VIII, line 1h; or (ii) Form 990-EZ, line 1. Complete Parts	e 13, 16a, or of (1) \$5,000; or				
cor lite	For an organization described in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received from any one contributor, during the year, total contributions of more than \$1,000 exclusively for religious, charitable, scientific, literary, or educational purposes, or for the prevention of cruelty to children or animals. Complete Parts I (entering "N/A" in column (b) instead of the contributor name and address), II, and III.						
cor cor dur Ge l	tributor, during the y tributions totaled mo ing the year for an e neral Rule applies to	cribed in section 501(c)(7), (8), or (10) filing Form 990 or 990-EZ that received contributions exclusively for religious, charitable, etc., purposes, but not the thin \$1,000. If this box is checked, enter here the total contributions that colusively religious, charitable, etc., purpose. Don't complete any of the parthis organization because it received nonexclusively religious, charitable, eduring the year.	o such at were received rts unless the etc., contributions				
Caution: An organization that isn't covered by the General Rule and/or the Special Rules doesn't file Schedule B (Form 990), but it must answer "No" on Part IV, line 2, of its Form 990; or check the box on line H of its Form 990-EZ or on its Form 990-PF, Part I, line 2, to certify that it doesn't meet the filing requirements of Schedule B (Form 990).							

Name of organization Employer identification number

Meals on Wheels of Long Beach, Inc. 95-2829715

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional s	pace is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
1		\$ <u>5,000</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
2		\$ <u>5,000</u> .	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
3		\$ <u>5,000.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
4		\$20,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>5</u>		\$25,000.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
6	TEFA0702L 07/22/22	\$33,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)

Meals on Wheels of Long Beach, Inc.

95-2829715

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional s	pace is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
7		\$ <u>10,000</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
8		\$ <u>15,000.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
9		\$10,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>10</u> _		\$7 <u>,140</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
11_		\$ <u>5,</u> 97 <u>5.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
12_		\$ <u>96,461.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
	TEE 407001 07/00/00		

Employer identification number

Meals	on Wheels of Long Beach, Inc.	95-2	829715
Part I	Contributors (see instructions). Use duplicate copies of Part I if additional s	pace is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
13_		\$ <u>5,000</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
14_		\$7,000.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>15</u> _		\$ <u>5,100.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
16_		\$ <u>5,000</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
17_		\$30,000.	Person X Payroll
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
18_		\$ <u>7,000</u> .	Person X Payroll

Meals on Wheels of Long Beach, Inc.

95-2829715

Part I	Contributors (see instructions). Use duplicate copies of Part I if additional sp	pace is needed.	
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>19</u> _		\$ <u>30,000</u> .	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
20_		\$ <u>75,000.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
<u>21</u> _		\$ <u>6,156.</u>	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
22_		\$22,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
23_		\$25,000.	Person X Payroll Noncash (Complete Part II for noncash contributions.)
(a) No.	(b) Name, address, and ZIP + 4	(c) Total contributions	(d) Type of contribution
		.\$	Person Payroll Noncash (Complete Part II for noncash contributions.)
	TEFA 2700 - 07/00/00		

Employer identification number Name of organization

Meals on Wheels of Long Beach, Inc.

95-2829715

Part II	Noncash Property (see instructions). Use duplicate copies of Part II if additional sp	pace is needed.	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
	N/A		
		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		\$\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		Ś	
		<u> </u>	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		\$	
(a) No. from Part I	(b) Description of noncash property given	(c) FMV (or estimate) (See instructions.)	(d) Date received
		\$ 	
RΛΛ	TEEA0703L 07/22/22	Schodulo	B (Form 990) (2022

Name of organization Employer identification number 95-2829715 Meals on Wheels of Long Beach, Inc. Exclusively religious, charitable, etc., contributions to organizations described in section 501(c)(7), (8), or (10) that total more than \$1,000 for the year from any one contributor. Complete columns (a) through (e) and the following line entry. For organizations completing Part III, enter the total of exclusively religious, charitable, etc., contributions of \$1,000 or less for the year. (Enter this information once. See instructions.)..... Use duplicate copies of Part III if additional space is needed. (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I N/A (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift Transferee's name, address, and ZIP + 4 Relationship of transferor to transferee (a) No. from (b) Purpose of gift (c) Use of gift (d) Description of how gift is held Part I (e) Transfer of gift

Relationship of transferor to transferee

Transferee's name, address, and ZIP + 4

SCHEDULE D (Form 990)

Supplemental Financial Statements

Complete if the organization answered "Yes" on Form 990,
Part IV, line 6, 7, 8, 9, 10, 11a, 11b, 11c, 11d, 11e, 11f, 12a, or 12b.

Attach to Form 990.

Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047

Open to Public Inspection
Employer identification number

Department of the Treasury Internal Revenue Service Name of the organization

Mea	ls on Wheels of Long Beach, Inc.	95-2829715
Par	-	
	Complete if the organization answered "Yes" on Form 990, Part IV, line 6.	
	(a) Donor advised funds (b)	Funds and other accounts
1	Total number at end of year	
2	Aggregate value of contributions to (during year)	
3	Aggregate value of grants from (during year)	
4	Aggregate value at end of year	
5	Did the organization inform all donors and donor advisors in writing that the assets held in donor adviser are the organization's property, subject to the organization's exclusive legal control?	d funds
6	Did the organization inform all grantees, donors, and donor advisors in writing that grant funds can be u for charitable purposes and not for the benefit of the donor or donor advisor, or for any other purpose or impermissible private benefit?	sed only onferring Yes No
Par	Conservation Easements. Complete if the organization answered "Yes" on Form 990, Part IV, line 7.	
1	Purpose(s) of conservation easements held by the organization (check all that apply).	_
		orically important land area
		tified historic structure
	Preservation of open space	
2	Complete lines 2a through 2d if the organization held a qualified conservation contribution in the form of a conservation	ervation easement on the
	last day of the tax year.	
_		Held at the End of the Tax Year
	Total number of conservation easements.	
	Number of conservation easements on a certified historic structure included in (a)	
(Number of conservation easements included in (c) acquired after July 25, 2006 and not on a historic structure listed in the National Register	
3	Number of conservation easements modified, transferred, released, extinguished, or terminated by the organizat tax year	ion during the
4	Number of states where property subject to conservation easement is located	
5	Does the organization have a written policy regarding the periodic monitoring, inspection, handling of vio	
	and enforcement of the conservation easements it holds?	
6	Staff and volunteer hours devoted to monitoring, inspecting, handling of violations, and enforcing conservation e	asements during the year
7	Amount of expenses incurred in monitoring, inspecting, handling of violations, and enforcing conservation easer	nents during the year
8	Does each conservation easement reported on line 2(d) above satisfy the requirements of section 170(h) and section 170(h)(4)(B)(ii)?)(4)(B)(i)
9	In Part XIII, describe how the organization reports conservation easements in its revenue and expense sinclude, if applicable, the text of the footnote to the organization's financial statements that describes the conservation easements.	statement and balance sheet, and e organization's accounting for
Par	t III Organizations Maintaining Collections of Art, Historical Treasures, or Other Complete if the organization answered "Yes" on Form 990, Part IV, line 8.	Similar Assets.
1 a	If the organization elected, as permitted under FASB ASC 958, not to report in its revenue statement an historical treasures, or other similar assets held for public exhibition, education, or research in furtherand Part XIII the text of the footnote to its financial statements that describes these items.	d balance sheet works of art, ce of public service, provide in
ŀ	If the organization elected, as permitted under FASB ASC 958, to report in its revenue statement and ba historical treasures, or other similar assets held for public exhibition, education, or research in furtherance of pu following amounts relating to these items:	blic service, provide the
	following amounts relating to these items: (i) Revenue included on Form 990, Part VIII, line 1. (ii) Assets included in Form 990, Part X.	\$
	If the organization received or held works of art, historical treasures, or other similar assets for financial gain, pramounts required to be reported under FASB ASC 958 relating to these items:	
	Revenue included on Form 990, Part VIII, line 1.	\$
	Assets included in Form 990. Part X	5

Part III	Organizations Main	taining Collection	is of Art, mis	toric	ai ireasures,	or Othe	er Similar As	sets (COI)	ilinuea)
3 Using the organization's acquisition, accession, and other records, check any of the following that make significant use of its collection items (check all that apply):									
a F	Public exhibition		d Loan	or excl	nange program				
b 5	Scholarly research		e Other						
c 🗆 F	Preservation for future gener	rations							
	4 Provide a description of the organization's collections and explain how they further the organization's exempt purpose in Part XIII.								
to be	to be sold to raise funds rather than to be maintained as part of the organization's collection?								
Part IV	Part IV Escrow and Custodial Arrangements. Complete if the organization answered "Yes" on Form 990, Part IV, line 9, or reported an amount on Form 990, Part X, line 21.								
1 a Is the	e organization an agent, trus	stee, custodian or oth	er intermediary	for cor	ntributions or othe	er assets	not included		
	orm 990, Part X?es," explain the arrangement in							Yes	No
							,	Amount	
c Begir	nning balance					1 c			
d Addit	tions during the year					1 d			
e Distri	ibutions during the year					1 e			
f Endi	ng balance					1f			
2 a Did t	he organization include an a	amount on Form 990,	Part X, line 21,	for es	crow or custodial	account	liability?	Yes	No
b If "Ye	es," explain the arrangemen	t in Part XIII. Check h	ere if the expla	nation	has been provide	ed on Pa	rt XIII	_	
Part V	Endowment Funds.	Complete if the organ	ization answere	d "Yes'	' on Form 990, Pa	rt IV, line	e 10.		
		(a) Current year	(b) Prior year		(c) Two years back	(d)	Three years back	(e) Four y	ears back
•	nning of year balance	711,177.	657,9	46.	().	0.		0.
b Cont	ributions								
c Net i	nvestment earnings, gains,	50 504							
	osses	-59,784.	53,2	31.					
	ts or scholarships	412,000.							
e Othe and إ	r expenditures for facilities programs						0.		
f Adm	inistrative expenses								
g End	of year balance	239,393.	711,1	77.	().	0.		0.
2 Provi	ide the estimated percentage	e of the current year	end balance (lin	ie 1g, i	column (a)) held	as:			
a Boar	d designated or quasi-endov		.00%						
b Perm	nanent endowment	%							
c Term	endowment	0/0							
The p	percentages on lines 2a, 2b, a	nd 2c should equal 100	%.						
3a Aro H	nere endowment funds not in t	the personal of the e	raanization that a	ara hala	1 and administered	for the			
orgai	nization by:	the possession of the o	rgariization that a	are rieic	and administered	ioi tiie		Yes	No
(i) \	Inrelated organizations							3a(i)	X
(ii) F	Related organizations							3a(ii)	X
b If "Ye	es" on line 3a(ii), are the rel	ated organizations lis	ted as required	on Scl	nedule R?			3b	
4 Desc	ribe in Part XIII the intended	d uses of the organiza	ation's endowme	ent fun	ds.				
Part VI	Land, Buildings, an	d Equipment.							
	Complete if the organizati		Form 990. Part	IV. line	e 11a. See Form 9	90. Part	X. line 10.		
-	Description of property		or other basis		Cost or other		cumulated	(d) Book	value
	Description of property		vestment)	(b) b	asis (other)		reciation	(d) Door	value
1 a Land									
b Build	lings								
c Leas	ehold improvements								
d Equip	oment				82,223.		61,049.	2	1,174.
e Othe	r				,				
Total. Add	lines 1a through 1e. (Colum	nn (d) must equal Fori	n 990, Part X, o	column	(B), line 10c.)			2	1,174.

Schedule D (Form 990) 2022

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Part VII	Investments — Other Securities. Complete if the organization answered "Yes" or	Form 990 Part IV line	N/A 11h See Form 990 Part Y line 12	
(a) Descrip	tion of security or category (including name of security)	(b) Book value	(c) Method of valuation: Cost or end-o	nf-vear market value
	I derivatives	(4) 20011 14114	(c) meaned or valuation, cook or one	your market value
` '	neld equity interests			
(3) Other				
(A)				
(A) (B)				
(C)				
(D)				
(E)				
<u>(F)</u>				
(G)				
(l)				
	(b) must equal Form 990, Part X, column (B) line 12.)			
Part VIII	Investments — Program Related. Complete if the organization answered "Yes" or	I	N/A	
	Complete if the organization answered "Yes" or	Form 990, Part IV, line	11c. See Form 990, Part X, line 13.	
	(a) Description of investment	(b) Book value	(c) Method of valuation: Cost or end	-of-year market value
(1)				
(2)				
(4)				
(5)				
(6)				
(7)				
(8)				
(9)				
(10)				
Part IX	(b) must equal Form 990, Part X, column (B) line 13.) Other Assets.	l N/A		
raitin	Complete if the organization answered "Yes" or	Form 990, Part IV, line		t
(1)	(a) De	scription		(b) Book value
(1)				
(3)				
(4)				
(5)				
(6)				
(7) (8)				
(9)				
(10)				
Total. (Colu	mn (b) must equal Form 990, Part X, column (i	B) line 15.)		
Part X	Other Liabilities.	5 000 B 1 W 1	44 446 0 E 000 B 1 V I	0.5
1	Complete if the organization answered "Yes" or	i Form 990, Part IV, line iption of liability	The or 11f. See Form 990, Part X, line	25. (b) Book value
(1) Federa	l income taxes	ірпон от паршту		(b) book value
(2)				
(3)				
(4)				
(5)				
(6) (7)				
(8)				
(9)				
(10)				
(11)				
	(b) must equal Form 990, Part X, column (B) line 25.).			
	incertain tax positions. In Part XIII, provide the text of the fo der FASB ASC 740. Check here if the text of the footnote has			liability for uncertain ee_Part_XIII_X

Reconciliation of Revenue per Audited Financial Statements With Revenue per	Return.	
Complete if the organization answered "Yes" on Form 990, Part IV, line 12a. 1 Total revenue, gains, and other support per audited financial statements	. 1 1	1,183,737.
2 Amounts included on line 1 but not on Form 990, Part VIII, line 12:		1,105,151.
a Net unrealized gains (losses) on investments		
b Donated services and use of facilities	_	
c Recoveries of prior year grants		
d Other (Describe in Part XIII.)		
e Add lines 2a through 2d.	. 2e	
3 Subtract line 2e from line 1.		1,183,737.
4 Amounts included on Form 990, Part VIII, line 12, but not on line 1:		1,105,757.
a Investment expenses not included on Form 990, Part VIII, line 7b		
b Other (Describe in Part XIII.)		
c Add lines 4a and 4b	. 4c	
5 Total revenue. Add lines 3 and 4c. (This must equal Form 990, Part I, line 12.).	. 5	1,183,737.
Part XII Reconciliation of Expenses per Audited Financial Statements With Expenses per		
Complete if the organization answered "Yes" on Form 990, Part IV, line 12a.		
Complete if the organization answered "Yes" on Form 990, Part IV, line 12a. 1 Total expenses and losses per audited financial statements		
		1,293,161.
1 Total expenses and losses per audited financial statements		
 1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: 		
1 Total expenses and losses per audited financial statements		
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities 2a b Prior year adjustments 2b		
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities 2a b Prior year adjustments 2b c Other losses 2c	. 1	
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities 2a b Prior year adjustments 2b c Other losses 2c d Other (Describe in Part XIII.) 2d	. 1	1,293,161.
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities. b Prior year adjustments. c Other losses. d Other (Describe in Part XIII.) e Add lines 2a through 2d.	. 1	
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities. b Prior year adjustments. c Other losses. d Other (Describe in Part XIII.) e Add lines 2a through 2d. 3 Subtract line 2e from line 1. 4 Amounts included on Form 990, Part IX, line 25, but not on line 1: a Investment expenses not included on Form 990, Part VIII, line 7b. 4 a	. 1	1,293,161.
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities b Prior year adjustments c Other losses c Other losses d Other (Describe in Part XIII.) e Add lines 2a through 2d. 3 Subtract line 2e from line 1. 4 Amounts included on Form 990, Part IX, line 25, but not on line 1: a Investment expenses not included on Form 990, Part VIII, line 7b. b Other (Describe in Part XIII.) See Part XIII 4 b Other (Describe in Part XIII.) See Part XIIII 4 b 3,789	2e 3	1,293,161.
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities b Prior year adjustments c Other losses c Other losses d Other (Describe in Part XIII.) e Add lines 2a through 2d. 3 Subtract line 2e from line 1. 4 Amounts included on Form 990, Part IX, line 25, but not on line 1: a Investment expenses not included on Form 990, Part VIII, line 7b. b Other (Describe in Part XIII.) See Part XIII 4 Ab 3,789 c Add lines 4a and 4b.	. 1 2e . 3	1,293,161. 1,293,161. 3,789.
1 Total expenses and losses per audited financial statements 2 Amounts included on line 1 but not on Form 990, Part IX, line 25: a Donated services and use of facilities b Prior year adjustments c Other losses. d Other (Describe in Part XIII.) e Add lines 2a through 2d. 3 Subtract line 2e from line 1. 4 Amounts included on Form 990, Part IX, line 25, but not on line 1: a Investment expenses not included on Form 990, Part VIII, line 7b. b Other (Describe in Part XIII.) See Part XIII 4 b Other (Describe in Part XIII.) See Part XIIII 4 b 3,789	. 1 2e . 3	1,293,161.

Provide the descriptions required for Part II, lines 3, 5, and 9; Part III, lines 1a and 4; Part IV, lines 1b and 2b; Part V, line 2; Part XI, lines 2d and 4b; and Part XII, lines 2d and 4b. Also complete this part to provide any additional information.

Part X - FASB ASC 740 Footnote

The Organization has applied the provisions of Financial Accounting Standard Board's (FASB) Accounting Standards Codification (ASC) 740-10, Accounting for Uncertainty in Income Taxes. Under ASC 740-10, nonpublic enterprises, including nonprofit Organizations, are required to record a tax liability when substantial uncertainties exist as to whether certain income is exempt from federal, state, and local income tax. As of December 31, 2022, the Organization had no substantial uncertain income

tax positions. The Organization's federal returns are subject to examination by

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Schedule D (Form 990) 2022

Part XIII Supplemental Information (continued)

Part X - FASB ASC 740 Footnote (continued)

federal taxing authorities, generally for three years after they are filed, and state returns are subject to examination by state taxing authorities, generally for four years after they are filed.

Schedule D, Part XII, Line 4b Other Expenses Included On Form 990 But Not Included In F/S						
Total	\$ \$	<u>3,789.</u>				

SCHEDULE G (Form 990)

Department of the Treasury Internal Revenue Service

Supplemental Information Regarding Fundraising or Gaming Activities

Complete if the organization answered "Yes" on Form 990, Part IV, line 17, 18, or 19, or if the organization entered more than \$15,000 on Form 990-EZ, line 6a.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for instructions and the latest information.

2022

Open to Public Inspection

Name of the organization Employer identification number 95-2829715 Meals on Wheels of Long Beach, Inc. **Fundraising Activities.** Complete if the organization answered "Yes" on Form 990, Part IV, line 17. Form 990-EZ filers are not required to complete this part. Indicate whether the organization raised funds through any of the following activities. Check all that apply. X Mail solicitations e X Solicitation of non-government grants Internet and email solicitations Solicitation of government grants Phone solicitations Special fundraising events In-person solicitations 2 a Did the organization have a written or oral agreement with any individual (including officers, directors, trustees, or key X Yes No **b** If "Yes," list the 10 highest paid individuals or entities (fundraisers) pursuant to agreements under which the fundraiser is to be compensated at least \$5,000 by the organization. (v) Amount paid to (vi) Amount paid to (i) Name and address of individual (iii) Did fundraiser (iv) Gross receipts (or retained by) (ii) Activity (or retained by) or entity (fundraiser) have custody or control of contributions? from activity fundraiser listed in organization column (i) Yes No The Articulate Group 920 Adana Road Grantwrite Χ 254,740 26,250 Pikesville MD 21208 228,490. 2 3 5 6 7 9 10 Total. 254,740. List all states in which the organization is registered or licensed to solicit contributions or has been notified it is exempt from registration or licensing.

95-2829715 Part II Fundraising Events. Complete if the organization answered "Yes" on Form 990, Part IV, line 18, or reported more than \$15,000 of fundraising event contributions and gross income on Form 990-EZ, lines 1 and 6b. List events with gross receipts greater than \$5,000.

			(a) Event #1	(b) Event #2	(c) Other events	(d) Total events		
			Car Show	Auction	None	(add column (a) through column (c))		
ine			(event type)	(event type)	(total number)			
Revenue	1	Gross receipts	11,062.	6,880.		17,942.		
<u> </u>	2	Less: Contributions						
	3	Gross income (line 1 minus line 2)	11,062.	6,880.		17,942.		
	4	Cash prizes						
	5	Noncash prizes						
Direct Expenses	6	Rent/facility costs						
Expe	7	Food and beverages						
irect	8	Entertainment						
Ω	9	Other direct expenses	3,010.	2,451.		5,461.		
	10	Direct expense summary. Add lines 4 thr				-,		
D	11	Net income summary. Subtract line 10 fro						
Par	τιιι	Gaming. Complete if the organiza than \$15,000 on Form 990-EZ, lin	ition answered "Ye e 6a.	s" on Form 990, Pa	art IV, line 19, or re	eported more		
Revenue			(a) Bingo	(b) Pull tabs/instant bingo/progressive bingo	(c) Other gaming	(d) Total gaming (add column (a) through column (c))		
Ř	1	Gross revenue						
ses	2	Cash prizes						
xper	3	Noncash prizes						
Direct Expenses	4	Rent/facility costs						
	5	Other direct expenses						
	6	Volunteer labor	Yes%	Yes%	Yes%			
	7	Direct expense summary. Add lines 2 thr	ough 5 in column (d)					
	8	Net gaming income summary. Subtract li	ne 7 from line 1, colum	nn (d)				
а								
	10 a Were any of the organization's gaming licenses revoked, suspended, or terminated during the tax year?							

Sch	nedule G (Form 990) 2022 Meals on Wheels of Long Beach, Inc. 95-2829715	Page 3
11	——————————————————————————————————————	No
12	Is the organization a grantor, beneficiary or trustee of a trust, or a member of a partnership or other entity formed to administer charitable gaming?	No
13	Indicate the percentage of gaming activity conducted in:	
	a The organization's facility	%
	b An outside facility	%
14	Enter the name and address of the person who prepares the organization's gaming/special events books and records:	
	Name	
	Address	
1	b If "Yes," enter the amount of gaming revenue received by the organization \$ and the amount of gaming revenue retained by the third party c If "Yes," enter name and address of the third party:	s No
	Name	
	Address	
16	Gaming manager information:	
	Name	
	Gaming manager compensation \$	
	Description of services provided	
	☐ Director/officer ☐ Employee ☐ Independent contractor	
17	Mandatory distributions:	
;	a Is the organization required under state law to make charitable distributions from the gaming proceeds to retain the state gaming license?	i No
I	b Enter the amount of distributions required under state law to be distributed to other exempt organizations or spent in the organization's own exempt activities during the tax year \$	_
Pa	Supplemental Information. Provide the explanations required by Part I, line 2b, columns (iii) and and Part III, lines 9, 9b, 10b, 15b, 15c, 16, and 17b, as applicable. Also provide any additional information. See instructions	(v);

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 Schedule G (Form 990) 2022

SCHEDULE I (Form 990)

Department of the Treasury Internal Revenue Service

Grants and Other Assistance to Organizations, Governments, and Individuals in the United States

OMB No. 1545-0047

Complete if the organization answered "Yes" on Form 990, Part IV, line 21 or 22. Attach to Form 990.

Go to www.irs.gov/Form990 for the latest information.

Open to Public Inspection

Name of	the organization						Employer identific	ation number	
Meal	eals on Wheels of Long Beach, Inc.						95-282971	5	
Part		rants and Assist	ance						
t	Does the organization maintain records the selection criteria used to award to	he grants or assistan	ce?					X Yes	No
	Describe in Part IV the organization's pr		• •				art IV		
Part	Part II Grants and Other Assistance to Domestic Organizations and Domestic Governments. Complete if the organization answered "Yes" on								
	Form 990, Part IV, line 21, for any recipient that received more than \$5,000. Part II can be duplicated if additional space is needed.								
	1 (a) Name and address of organization or government	(b) EIN	(c) IRC section (if applicable)	(d) Amount of cash grant	(e) Amount of noncash assistance	(f) Method of valuation (book, FMV, appraisal, other)	(g) Description of noncash assistance	(h) Purpose o or assistar	of grant nce
(1)									
(2)									
(3)									
(4)									
(5)									
(6)									
(7)									
(8)									
2	Enter total number of section 501(c)(I (3) and government o	rganizations listed	in the line 1 table	<u> </u>				0
3 E	Enter total number of other organizat	tions listed in the line	1 table						0

Part III Grants and Other Assistance to Domestic Individuals. Complete if the organization answered "Yes" on Form 990, Part IV, line 22. Part III can be duplicated if additional space is needed.

(a) Type of grant or assistance	(b) Number of recipients	(c) Amount of cash grant	(d) Amount of noncash assistance	(e) Method of valuation (book, FMV, appraisal, other)	(f) Description of noncash assistance
1 Fully subsidized meals			419,478.	Cost	Lunch, dinner, snack, and beverage
2					
3					
4					
5					
6					
7					

Part IV | Supplemental Information. Provide the information required in Part I, line 2; Part III, column (b); and any other additional information.

Part I, Line 2 - Procedures for Monitoring Use of Grants Funds in U.S.

Fully subsidized meal recipients must meet income and clinical eligibility requirements on an annual basis.

SCHEDULE O (Form 990)

Supplemental Information to Form 990 or 990-EZ

Complete to provide information for responses to specific questions on Form 990 or 990-EZ or to provide any additional information.

Attach to Form 990 or Form 990-EZ.

Go to www.irs.gov/Form990 for the latest information.

OMB No. 1545-0047

Open to Public Inspection

Department of the Treasury Internal Revenue Service

Name of the organization

Meals on Wheels of Long Beach, Inc.

Employer identification number

95-2829715

Form 990, Part III, Line 4a - Program Service Accomplishments

Meals on Wheels of Long Beach, Inc. ("MOWLB") ("The Organization") was founded in March 1971 and is a California nonprofit corporation. MOWLB's purpose is to assist homebound older adults and the disabled remain independent in their homes, comfortably, and safely. MOWLB's stated mission reads: "We are more than a meal, we nourish, we comfort, we protect."

The Organization's primary program is providing nourishing, freshly prepared meals that include lunch, a hot dinner, dessert, and a beverage delivered every weekday to upwards of 500 homebound clients throughout our service area of Long Beach, Signal Hill, and the retirement community of Leisure World Seal Beach. In 2022, 193,314 meals were delivered by over 325 dedicated and trained volunteers who provided a "friendly visit" accompanied by a wellness check with every delivery.

In keeping with our commitment that "We are More than a Meal" every MOWLB client has access to our Client Support Program that has been developed to address issues that many homebound elderly and disabled clients experience. These issues include loneliness and depression due to social isolation, navigating healthcare services, and connecting with senior support services among many others. Our collaborations with the California State University at Long Beach (CSULB) School of Nursing, the CSULB Center for Community Engagement, local nonprofit senior service programs, and community volunteers have enabled the Client Support Program to deliver much more than nourishing food; we continue to improve the health and quality of life for the people we serve.

Schedule O (Form 990) 2022 Page 2

Name of the organization	Employer identification number
Meals on Wheels of Long Beach, Inc.	95-2829715

Form 990, Part III, Line 4a - Program Service Accomplishments

applicants at a discounted, partially subsidized fee. Low-income applicants receive fully subsidized meal and support services when qualified during an intake process. The low-income meal and support subsidy program is funded in part by the generosity of individual donors, business and corporate sponsors, and philanthropic foundations.

Form 990, Part VI, Line 11b - Form 990 Review Process

A copy of the 990 was provided to all board members prior to our May 2023 board meeting. The 990 was presented by our CPA at this meeting.

Form 990, Part VI, Line 15a - Compensation Review & Approval Process - CEO & Top Management

Reviewed and benchmarked against similar positions with comparable responsibilities.

Form 990, Part VI, Line 19 - Other Organization Documents Publicly Available

No other documents available to the public.